The potential for salmon fibrin and thrombin to mitigate pain subsequent to cervical nerve root injury

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1. Introduction

Chronic neck pain affects between 12 and 71% of the adult population, and imposes high financial burdens, with annual costs reaching over $29 billion \cite{1-4}. Cervical radiculopathy is a leading cause of such pain, and can result from nerve root compression via injury, spinal stenosis, or disc herniation \cite{5-8}. We have developed a rat model of cervical nerve root compression that produces persistent behavioral hypersensitivity (i.e. pain symptoms), Walgeener degeneration, and sustained inflammation at the injury site...
investigated salmon mechanical allodynia (pain resulting from a non-noxious stimulus) painful cervical nerve root compression. As such, salmon nerve root, a small incision was made in the dura at the dorsal root second thoracic vertebra. Muscle and soft tissue were resected and a hemi-

activity were qualitatively and quantitatively assessed by ED1, solution consisting of 1M NaCl, 1 mM EGTA, 20 mM Tris, pH 7.0 and 0.6 mg/ml to the guidelines of the Committee for Research and Ethical Issues of the Interna-
vania Institutional Animal Care and Use Committee and were carried out according water. All experimental procedures were approved by the University of Pennsyl-

2. Materials and methods

2.1. Formulation of salmon-derived fibrin and thrombin

Salmon fibrinogen and thrombin were prepared from ammonium sulfate precipitates prepared from anticoagulated salmon blood as previously described [38]. Salmon thrombin (Sea Run Holdings; Freeport, ME) was eluted from a heparin-Sepharose column and stored at high concentration (~1000 U/mL) in a buffer solution consisting of 1 M NaCl, 1 mM EDTA, 20 mM Tris, pH 7.0 and 0.6 mg/ml sucrose [39]. Immediately before use, the thrombin solution was diluted to an activity concentration of 2 NIH units/ml with neurobasal media (Invitrogen, Carls-
bad, CA). Salmon fibrin was prepared by mixing 3 mg/ml purified salmon fibrinogen (Sea Run Holdings; Freeport, ME) with 2 NIH units/ml salmon thrombin in neuro-
basal media [40]. The fibrin solution was mixed only immediately prior to its application in order to ensure that it gelled within the desired anatomic location in vivo. All treatments were sterile upon administration.

2.2. Surgical procedures

Male Holtzman rats (Harlan Sprague– Dawley, Indianapolis, IN), weighing 250–350 g at the start of the study, were housed under U.S. Department of Agri-
culture and Association for Assessment and Accreditation of Laboratory Animal Care compliant conditions with a 12–12 h light–dark cycle and free access to food and water. All experimental procedures were approved by the University of Pennsyl-
vania Institutional Animal Care and Use Committee and were carried out according to the guidelines of the Committee for Research and Ethical Issues of the Interna-
tional Association for the Study of Pain [41].

A painful transient nerve root compression was applied to the right C7 cervical dorsal nerve root [9–12,16,19,20,22]. All surgical procedures were performed under isoflurane inhalation anesthesia (4% for induction, 2% for maintenance). Rats were placed in a prone position and an incision was made from the base of the skull to the second thoracic vertebra. Muscle and soft tissue were resected and a hemi-
laminectomy and partial facetectomy were performed at C6/C7 to expose the spinal cord and C7 dorsal nerve root on the right side. In order to completely expose the nerve root, a small incision was made in the dura at the dorsal root’s insertion into the spinal cord [9]. The right C7 dorsal nerve root was compressed for 15 min using a 10 g-force microvascular clip (World Precision Instruments; Sarasota, FL) [9–12,16,19,20,22]. Salmon fibrin (20 μl) was administered directly to the C7 nerve root immediately after the microvascular clip was removed. The fibrin solution was allowed to polymerize in vivo (n = 6, fibrin). Under those conditions, the gelation time was about 30 min. A separate set of rats received salmon thrombin alone (n = 4, thrombin) as treatment. Several sets of separate control groups were also included: (1) neurobasal media (n = 4, NB media) administered after compression and clip removal, (2) a group of rats (n = 6, injury) that underwent compression alone without any treatment, and (3) a group receiving sham procedures (n = 4, sham) as surgical controls that involved exposure of the C7 dorsal nerve root only but no compression or treatment. After surgery, incisions were closed with suture and surgical staples. Rats were allowed to recover in room air while they were monitored.

2.3. Behavioral assessment

Behavioral hypersensitivity was evaluated by measuring forepaw mechanical allodynia at postoperative days 1, 3, 5, and 7. Prior to surgery, baseline measure-
ments were collected to define un-operated control responses for each rat. Rats were allowed to acclimate to prior each testing session. Mechanical allodynia was measured by stimulating the plantar surface of the ipsilateral forepaw using two von Frey filament strengths (2 g and 4 g) (Stoelting Co., Wood Dale, IL). Each testing session with each filament consisted of three rounds of 10 stimulations to each forepaw, with at least 10 min between each round to allow for an adequate rest period. For each testing session, the total number of positive responses was counted for each rat and averaged for each group. A one-way analysis of variance (ANOVA) with Bonferroni post-hoc correction tested for differences in the number of responses between groups at each time point for each filament. All statistical analyses were performed using SYSTAT software (version 10.2, SYSTAT, Richmond, CA), and significance was taken as p < 0.05.

2.4. Tissue harvest and immunohistochemistry procedures

The ipsilateral C7 dorsal nerve roots were harvested after behavioral testing on day 7 to measure macrophage infiltration at the root. The C7 nerve root from age-
matched, un-operated, normal rats (n = 2, normal) served as negative controls. Rats were deeply anesthetized with sodium pentobarbital (65 mg/kg) and trans-
cordially perfused with 200 ml of phosphate buffered saline (PBS) followed by 4% formaldehyde. The right C7 nerve roots, spanning from the proximal region of the dorsal root ganglion (DRG) to their insertion in the spinal cord were removed and post-
fixed in 4% formalin prior to dehydration and paraffin embedding for microtome sectioning. Three to five longitudinal nerve root sections (10 μm thick) from each rat were mounted on gelatin-coated slides. Sections were blocked with 5% normal horse serum (Invitrogen; Carlsbad, CA) for 30 min followed by incubation overnight at 4 °C in a monoclonal antibody against the CD68 receptor (ED1, 1:250; Serotec, Kidlington, UK). The next day, sections were treated with a horse anti-mouse secondary anti-
body (1:200, Vector Labs, Burlingame, CA) for color development, and cover-slipped using Permount (Fisher, Fair Lawn, NJ) mounting medium. All anti-
body dilutions were previously optimized and a negative control with no primary antibody was always included to verify specificity. Sections were digitally imaged at 200× magnification and evaluated by two observers blinded to the procedural groups. Each evaluator independently rated the sections for the amount of micro-
phage infiltration. Tissue sections with little-to-no staining were scored (−), while those with a mild increase in macrophages over normal levels received a grade of (+), and those with intense macrophage infiltration were assigned a score of (++). [10,14,42]. Ratings between groups were compared using a Fisher’s Exact test, with significance at p < 0.05.

Spinal cord tissue was also collected at day 7 to assess astrocytic and microglial activation. Spinal cord samples at the C6 spinal level were harvested and post-fixed as described above, transferred to 30% sucrose/PBS, and stored for 3 days at 4 °C before being freeze-mounted in Histoprep OCT embedding medium (Fisher; Fair Lawn, NJ) for axial cryosectioning. Four serial spinal cord axial sections (20 μm) from each rat were prepared for free-floating immunohistochemical staining using gial fibrillary acidic protein (GFAP) as a marker of astrocytic reactived and ionized calcium binding adapter molecule 1 (Iba1) for microglial reactivity. Tissue sections were blocked for 60 min in normal goat serum (Vector Labs; Burlingame, CA) for color development, and cover-slipped using Pervoskite (Fisher, Fair Lawn, NJ) mounting medium. All anti-
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3. Results

Ipsilateral mechanical allodynia following the painful compression injury alone was significantly elevated ($p < 0.0001$) over baseline for testing with both filaments throughout the postoperative period and was significantly greater ($p < 0.001$) than sham at all postoperative days for testing with both filaments (Fig. 1). Sham procedures did not change behavioral hypersensitivity compared to baseline responses. Treatment with the neurobasal media vehicle did not alter allodynia from the injury responses, except on day 7 when it was only slightly reduced; yet, allodynia after NB media treatment remained significantly greater ($p < 0.01$) than sham for both filaments (Fig. 1). Allodynia subsequent to treatment with NB media was also greater than responses after treatment with fibrin ($p < 0.046$) and thrombin ($p < 0.012$) by day 7 for the 4 g filament (Fig. 1). However, treatment with either salmon fibrin or thrombin significantly ($p < 0.02$ for both treatments) reduced mechanical allodynia compared to injury levels as early as day 1 (Fig. 1). This decrease in allodynia was evident for fibrin treatment overall ($p < 0.02$) for both filaments and on most individual days (Fig. 1). Although allodynia following treatment with fibrin was not different from responses from sham for testing with the 2 g filament, fibrin responses were elevated over sham using the 4 g filament on days 1 ($p < 0.043$) and 3 ($p < 0.030$) but returned to sham level by day 5. Treatment with thrombin reduced overall sensitivity ($p < 0.02$) and on most individual days (Fig. 1). In fact, thrombin abolished sensitivity from injury, and withdrawal responses were not different from sham or baseline responses for either filament on any day.

ED1-positive macrophages in the C7 ipsilateral dorsal root at day 7 after compression were increased relative to sham and

![Graph](image_url)

**Fig. 1.** Mechanical allodynia in the ipsilateral forepaw for injury, NB media, fibrin, thrombin, and sham for testing with the 2 g and 4 g von Frey filaments. Injury significantly increased the number of paw withdrawals relative to sham ($p < 0.001$) for testing with both filaments. Responses following treatment with fibrin were significantly reduced relative to injury ($p < 0.02$) for both filaments. Fibrin responses were not different from sham for any day of testing with the 2 g filament, and were only different on days 1 and 3 ($p < 0.043$) using the 4 g filament. Treatment with thrombin significantly reduced allodynia compared to injury ($p < 0.02$) for testing with both filaments. Thrombin and sham responses were not different at any day for either filament. Data shown as average ± standard deviation.
normal. No ED1 staining was evident in the C7 ipsilateral nerve root of any of the rats undergoing sham procedures (Fig. 2, Table 1). In contrast, following untreated injury, ED1 staining was increased compared to sham, with two rats exhibiting intense (+++) responses in the nerve root (Fig. 2, Table 1). Fibrin treatment with nerve root compression resulted in only mildly (+) increased macrophage infiltration in four rats relative to sham, but that response was reduced compared to the level of macrophage infiltration seen in injury alone (Fig. 2, Table 1). Similarly, there was a slight increase in macrophage staining for thrombin treatment after compression, with one root displaying intense infiltration, two displaying mild infiltration, and a fourth showing only baseline infiltration (Fig. 2, Table 1). NB media treatment also reduced macrophage infiltration compared to injury, with only one sample displaying mild (+) infiltration (Fig. 2, Table 1). Although these semi-quantitative data show that injury alone induced the most ED1 staining and fibrin, thrombin, and NB media all reduced macrophage infiltration to varying degrees, no significant differences were detected between any groups.

Both spinal astrocytic and microglial activation in the spinal dorsal horn increased at day 7 following injury (Figs. 3 and 4). GFAP expression in the spinal cord following injury was significantly elevated over both fibrin (p < 0.0001) and NB media (p < 0.027). Despite treatment with thrombin producing a decrease in allodynia (Fig. 1), thrombin treatment did not reduce spinal astrocytic activation, which remained elevated over fibrin (p < 0.0001), NB media (p < 0.0001), and sham (p < 0.002) (Figs. 3 and 4). Spinal Iba1 expression increased after injury and did decrease slightly with treatment by fibrin, thrombin, and NB media, as well as for sham procedures (Figs. 3 and 4). However, consistent with macrophage staining in the nerve root, spinal microglial activation was not significantly different for any group (Fig. 4).

4. Discussion

Effective clinical treatments for radiculopathy are lacking despite its high incidence. To our knowledge, this is the first study to investigate the effects of salmon fibrin and/or thrombin on behavioral outcomes and inflammatory responses in painful neural tissue injury. Both fibrin and thrombin treatments attenuated allodynia produced by nerve root compression for the duration of the study (Fig. 1). Furthermore, fibrin significantly decreased spinal

![Fig. 2](image-url). Representative images of ED1 immunostaining at the C7 nerve root at day 7. Intense macrophage infiltration was observed in the nerve root after (A) injury, but roots that had treatment with (B) fibrin or (C) thrombin displayed only mild reactivity. (D) NB media treatment and (E) sham procedures resulted in little-to-no ED1 staining. Scale bar shown is 50 μm and applies to all.
Table 1
Immunohistochemical scoring of ED1 macrophage infiltration in the nerve root at day 7.

<table>
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<tr>
<th>Macrophage (ED1) staining</th>
<th>Rat ID</th>
<th>Ipsilateral nerve root</th>
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<tbody>
<tr>
<td>Injury 13</td>
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Assessments on a 3-point scale with the following gradients: (−) baseline staining, (+) mild response, and (++) intense response.

Astrocytic activation but only slightly decreased macrophage infiltration surrounding the nerve root and spinal microglial activation (Figs. 2—4, Table 1). Thrombin did not change spinal astrocytic activation from injury levels but did slightly decrease microglial expression in the nerve root and spinal cord (Figs. 2—4, Table 1). These results may be useful to improve treatments for radiculopathy and lead to a better understanding of the mechanisms by which salmon fibrin and thrombin modulate and attenuate pain.

Restoration of normal tissue structure and function after traumatic injury depends on both the chemical and physical features at the wound site. In particular, abnormally rigid structures formed as the result of blood clotting, cell contraction, and extracellular matrix deposition and cross linking can prevent the restoration of normal soft tissues and prolong or exacerbate the inflammatory response [44]. In the context of neural tissue trauma in which damage to neurons and glia is accompanied by bleeding, soft gels formed by coagulation proteins have the potential both to stop bleeding and provide a sufficiently soft provisional matrix to prevent scarring and promote normal healing. Coagulation proteins, however, also exhibit pro-inflammatory effects in part due to sites in mammalian fibrinogen that can activate microglia, and in the multiple effects of mammalian thrombin on inflammatory and other cell receptors [35,45]. Fibrinogen and thrombin prepared from non-mammalian sources such as salmon blood might potentially lessen the inflammatory effects of fibrin while maintaining its pro-coagulant properties. The salmon fibrin used in the current study significantly decreased spinal GFAP expression but only slightly reduced macrophage infiltration in the nerve root and spinal Iba1 expression (Figs. 2—4, Table 1). These results indicate that at day 7, salmon fibrin effectively mediated the astrocytic aspect of the inflammatory response and mildly affected microglial expression.

Coagulation and toxicity profiles have been conducted using animal models to ensure the safety and efficacy of salmon fibrin. Intraperitoneal injections of salmon fibrin in both rats and rabbits resulted in no negative effects regarding coagulation or cross-reactivity. After repeated administration of salmon fibrin, animals produced antibodies against the salmon proteins, but did not produce antibodies that cross-reacted with host proteins [33,46]. Also, there was no effect in coagulation tests, a result that was also found in studies of swine that had been treated with salmon fibrin [47,48]. These findings are particularly important given the potential for antibody production and subsequent cross-reactivity in response to the use of non-autologous mammalian coagulation proteins, which can lead to clotting disorders [49,50]. In addition to cross-reactivity, mammalian fibrin presents the risk of infectious disease transmission to a host; salmon pathogens are not known to be transmissible to mammals, partly due to the fact that salmon are coldwater creatures and viruses are deactivated at human body temperatures [51]. Collectively, these studies indicate that salmon fibrin is non-toxic and poses minimal risk of disease transmission and cross-reactivity.

Previous studies have shown that salmon fibrinogen and thrombin are nearly indistinguishable from their human analogs in the production of fibrin gels and in preventing bleeding in massive tissue injuries such as an aorta injury [34], but there are subtle differences between human and salmon thrombin in the context of human platelet activation [39]. The similarity in clotting activity of human and salmon proteins is consistent with the establishment of the coagulation system before the evolutionary divergence of mammals and fish. In contrast, the immune systems of mammals and fish are highly divergent, and therefore other functions such as those on human inflammatory cell protease receptors might be expected to differ. Indeed, the site in the gamma chain of human fibrinogen that is predicted to stimulate microglial cells is absent in salmon fibrinogen [24,26]. In the current study, while not significant, spinal microglial activation at day 7 was slightly decreased for fibrin and thrombin treatments, indicating that these salmon treatments may not have stimulated these cells (Figs. 3 and 4). Because microglia initiate pain while astrocytes participate in later stages to maintain pain [52,53], this difference may be responsible for the differential effects on these two cells evident in this study. Indeed, astrocytic responses are more robustly modulated than either macrophage infiltration or microglial expression at day 7 (Figs. 2—4, Table 1).

Although thrombin administration did abolish mechanical allodynia, GFAP expression after this treatment was unchanged from injury at day 7 (Figs. 1, 3 & 4). Thrombin stimulates astrocytic outgrowth and proliferation as a mechanism of protection against cell death, regulates neuronal death and neurite outgrowth, and affects pain transmission by mediating the protease-activated receptors, PAR1 and PAR4 [35,37]. This activity may explain why spinal astrocytic activation on day 7 after thrombin treatment did not differ from injury in the current study. An in vitro study modeling metabolic insults in rat astrocytes and hippocampal neurons showed that thrombin protected against damage and cell death as early as 1 h after insult by stimulating astrocytic proliferation and outgrowth. Further, while high concentrations of thrombin led to neuronal and astrocytic cell death under normal conditions, elevated thrombin levels actually protected those cells under stressed conditions [37]. In the current study, salmon thrombin was administered directly to the injured nerve root immediately after its compression, which may have stimulated astrocytes as a means of neuronal survival, particularly in response to early cytokine signaling that is known to occur within the first hour after compression in this model [20]. Taken together, these studies suggest that salmon thrombin serves a critical, protective role in the early stages of CNS injury by encouraging astrocytic growth while acting on PAR1 and PAR4 to prevent hypersensitivity.

Although this study evaluated tissue responses at day 7, changes in early microglial and cytokine signaling in response to fibrin and thrombin are still unknown for this model. While the current findings at day 7 do not show significant changes (Figs. 3 and 4), it
appears that spinal microglial activation may be affected by fibrin and thrombin and it is possible that such changes may be more robust at an earlier time point, such as day 1. In fact, a previous study using this injury model showed that spinal astrocytic and microglial activation exhibit different temporal responses [12]; so, measuring both glial cell responses at a time early after injury and treatment may provide additional insight into the mechanisms by which salmon fibrin and thrombin attenuate pain. Likewise,

Fig. 3. Representative C6 spinal cord sections on the side ipsilateral to the nerve root compression showing staining against GFAP (A–E) and Iba1 (F–J) at day 7 for injury, fibrin, thrombin, NB media, and sham. GFAP expression increased following injury and thrombin procedures; Iba1 expression was not significantly different between any group. Scale bar shown is 50 μm and applies to all.
because macrophage infiltration into the nerve root at day 7 did slightly decrease following each of the salmon treatments (Fig. 2, Table 1), it is possible that such responses may actually be diminished at earlier time points. Additional studies defining the temporal cellular and inflammatory responses will provide a clearer understanding of the potential mechanisms mediating the pain responses. Additional studies with this model have also shown that cytokine responses increase in the spinal cord and dorsal root ganglion (DRG) as early as 1 h after compression[20,43], providing another potential mechanism by which pain may be modulated following salmon treatments. While the exact mechanism of action by which salmon fibrin and thrombin reduce pain is still unknown, the current findings do support previous work with varied therapeutic approaches for eliminating pain by the administration of pharmacologic formulations at the site of injury. For example, a hydrogel with controlled release of glial cell line-derived neurotrophic factor placed at the root or early intervention with local administration of the soluble TNF-α receptor to the injured nerve root attenuated both allodynia and the associated inflammatory responses in the DRG[16,20]. Taken together with the results of this current study, it is likely that biomaterials that provide sustained delivery of anti-inflammatory and neural cell promoting factors provide the best promise for treating pain from neural trauma. In prior studies, the effects of treatment on the responses in the DRG were also evaluated. While small and medium diameter neurons in the DRG are important in pain due to their classification as

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Fig. 4. Automated densitometry quantifying the percentage of positive pixels in the spinal cord reactive for (A) GFAP and (B) Iba1 staining at day 7. GFAP reactivity increased following injury relative to fibrin (p < 0.0001) and NB media (p < 0.027). Injury with thrombin treatment also exhibited increased GFAP reactivity compared to fibrin (p < 0.0001), NB media (p < 0.0001) and sham (p < 0.002). Iba1 expression was elevated after injury and decreased with treatment of fibrin, thrombin, NB media, and for sham procedures, but was not significant. Asterisk (*) indicates a significant increase over fibrin, plus sign (+) indicates a significant increase over NB media, and pound sign (#) indicates a significant increase over sham. Data shown as average ± standard deviation.
nociceptors [54], they were not evaluated in the current study. Because thrombin has also been reported to regulate neuronal death [35,37], it would be interesting to assess the survival and function of DRG neurons in the context of antinociceptive salmon-derived treatments. In particular, future work evaluating the effects of salmon fibrin and thrombin on cultured neurons, as well as relevant immune cells, is needed to elucidate the specific cellular and molecular pathways by which inflammation and neuronal plasticity may be modulated.

The current study suggests the potential utility of salmon fibrin as a biomaterial to improve wound healing of soft tissues, such as that surrounding the nerve root. The low elastic modulus of 3 mg/ml fibrin and previous results showing selective growth of neurons and lack of astrocyte activation in these gels in vitro [25] are consistent with the immediate decrease in allograft and the sustained decrease in spinal GFAP staining observed after salmon fibrin treatment in the current study (Figs. 1,3 and 4). An unexpected result was that salmon thrombin alone was effective in mediating behavioral outcomes in addition to fibrin treatment (Fig. 1). In part, this effect might be due to the rapid formation of soft gels formed by salmon thrombin and endogenous fibrinogen around the injured nerve root; but this result suggests that there might be a more direct and active role of salmon thrombin either to activate a pain-reducing pathway, or else inhibit a pain-producing pathway. Thrombin has previously been investigated for its role in nociception. Two in vivo studies show that intraplantar injection of either thrombin or a PAR1 agonist reduced inflammatory carrageenan-induced mechanical hyperalgesia in rats and mice [36,55]. Our study extend these findings, demonstrating that, in addition to mammalian thrombin, salmon thrombin is effective at mediating behavioral hypersensitivity. Although neuronal media is used commonly to promote neuronal growth and survival [56–58], neuronal responses were not evaluated in this study. Therefore, it is possible that the neuronal media itself may have worked synergistically with the fibrin and thrombin to alleviate allodynia (Fig. 1). However, the fact that treatment with this vehicle only slightly reduced allograft relative to injury responses (Fig. 1), suggests that the effects of the neuronal media alone may not be sufficient to mediate the pain outcomes. Regardless, future studies should focus on defining the specific mechanisms by which the neuronal and inflammatory cascades are modulated and which aspects are specific to fibrin, thrombin, and/or other materials.

5. Conclusions

In summary, application of salmon fibrin and salmon thrombin following painful cervical nerve root compression attenuated behavioral hypersensitivity in a rat model of cervical radiculopathy. At day 7, spinal astrocytic expression was reduced after fibrin treatment, but remained elevated after thrombin treatment. At this same time point, both treatments only slightly decreased macrophage infiltration in the nerve root and microglial responses in the spinal cord relative to injury alone. These changes suggest that salmon fibrin and thrombin may play neuroprotective roles by affecting glial responses and hypersensitivity. The application of salmon coagulants in this radiculopathy model supports previous studies in our lab showing the efficacy of simple, direct administration to the injury site. These data suggest that salmon fibrin and thrombin, in addition to posing promising material advantages over their mammalian counterparts, may have potential to alleviate pain.

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