# BETH A. WINKELSTEIN, Ph.D.

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## **EDUCATION:**

Ph.D., Biomedical Engineering, Duke University, Durham, NC December 1999

Advisor: Barry S. Myers, M.D., Ph.D.

Thesis: A Mechanical Basis for Whiplash Injury: The Cervical Facet Joint, Spinal Motion Segment, and Combined Loading

B.S.E., Bioengineering, University of Pennsylvania, Philadelphia, PA May 1993

### POSITIONS HELD & RESEARCH EXPERIENCE:

| I OSITIONS HELD                                       | & RESEARCH EAI ERIENCE.  |
|---|--|
|   | University of Pennsylvania, Philadelphia, PA.                                    |
| 2012-Present  | Associate Dean, Undergraduate Education, School of Engineering & Applied Science |
| 2011-Present  | Professor, Department of Bioengineering  |
| 2011-2012   | Chair, Bioengineering Graduate Group   |
| 2011-Present  | Member, Neuroscience Graduate Group  |
| 2011-Present  | Professor, Department of Neurosurgery  |
| 2007-2011   | Associate Professor, Department of Bioengineering                                |
| 2007-2011   | Associate Professor, Department of Neurosurgery                                  |
| 2009-Present  | Member, Center for Brain Injury and Repair                                       |
| 2006-Present  | Member, Penn Center for Musculoskeletal Disorders                                |
| 2006-Present  | Member, Center for Human Modeling & Simulation                                   |
| 2006-Present  | Member, Mechanical Engineering & Applied Mechanics Graduate Group                |
| 2002-Present  | Member, Institute for Medicine and Engineering                                   |
| 2004-2007   | Assistant Professor, Department of Neurosurgery                                  |
| 2002-2007   | Assistant Professor, Department of Bioengineering                                |
| 2000-June 2002 <u>Dartmouth College, Hanover, NH.</u> |  |
|   | Postdoctoral Fellow, Departments of Anesthesiology, Pharmacology &               |
|   | Orthopaedics   |
|   | Additional Positions.  |
| 2012-Present  | Co-Editor, Journal of Biomechanical Engineering                                  |
| 2012-Present  | Member, External Advisory Board, Duke University Biomedical Engineering Dept.    |
| 2010-Present  | Elected Member, Cervical Spine Research Society                                  |
| 2008-2010   | Consulting Professor, National University of Singapore, College in BioValley     |
|   |  |

2008-Present Consultant, Zyga Technology, MN

2007-Present Elected Member, Stapp Car Crash Advisory Committee

### **HONORS & DISTINCTIONS:**

| 2014 | Fellow, Blomedical Engineering Society (BMES)   |
|------|---|
| 2013 | 1 <sup>st</sup> Place, Basic Science Research Award Paper, Cervical Spine Research Society. |
| 2013 | Stapp Association Award, 2 <sup>nd</sup> Place in Best Student Paper, Stapp Car Crash Conf. |
| 2013 | Ford Motor Company Award for Faculty Advising, University of Pennsylvania.                  |
| 2013 | Fellow, American Institute for Medical and Biological Engineering (AIMBE)                   |

Fellow, American Society of Mechanical Engineers

2012-2014 Penn Fellow, University of Pennsylvania

2011 Stapp Association Award, 2<sup>nd</sup> Place in Best Student Paper, Stapp Car Crash Conf.

2011 Cervical Spine Research Society, 21<sup>st</sup> Century Grant Award.

2011 Invited participant, National Academies Keck Futures Initiative Conference.
2010 1st Place, Basic Science Research Award Paper, Cervical Spine Research Society.

2010 Invited participant, IEEE EMBS Forum on Grand Challenges in Neuroengineering.
2009 Invited participant, NAE Japan-America Frontiers of Engineering Symposium.

2008 Cervical Spine Research Society, Research Grant Award.

Stapp Association Award, Best Student Paper, 2008 Stapp Car Crash Conference.
 3<sup>rd</sup> place, Stapp Association Student Paper Award, 2007 Stapp Car Crash Conf.

2006 Y.C. Fung Young Investigator Award, ASME.

2006-2011 NSF CAREER Award.

Ford Motor Company Award for Faculty Advising, University of Pennsylvania.

John Paul Stapp Award, Best Paper of 2004 Stapp Car Crash Conference.

Stapp Association Award, Best Student Paper, 2004 Stapp Car Crash Conference.

2003-2005 Whitaker Foundation Young Investigator Research Award.

2002-2006 NIH Research Career Award (K01). 2001-2002 NIH NRSA Postdoctoral Fellowship.

2002 Dannemiller Memorial Educational Foundation selected paper for AnalgesiaFile.

2001 Medtronic Sofamor-Danek Award, Best Basic Science Paper,

International Society for the Study of the Lumbar Spine Annual Meeting.

Stapp Association Award, Best Student Paper, 2000 Stapp Car Crash Conference.
 Stapp Association Award, Best Student Paper, 1999 Stapp Car Crash Conference.
 Arnold W. Siegel Award, Most Outstanding Paper, Stapp Car Crash Conference.

1993-1996 National Science Foundation Fellowship.1993 Cum Laude, University of Pennsylvania.

1992 E. Stuart Eichart, Jr. Alumni Award, University of Pennsylvania.

1989-1993 Benjamin Franklin Scholar, University of Pennsylvania.

### PROFESSIONAL SOCIETY MEMBERSHIPS:

2011-Present International Association for the Study of Pain

2010-2011 New York Academy of Sciences 2010-Present Cervical Spine Research Society

2007-Present Association for the Advancement of Automotive Medicine

2007-2011 Association for Women in Science 2005-Present Biomedical Engineering Society 2001-Present Orthopaedic Research Society 2000-Present Society for Neuroscience

American Society of Mechanical Engineers 1997-Present

1997-2001 Society of Automotive Engineers American Society of Biomechanics 1995-2011

### **EDITORIAL ACTIVITIES:**

Editor, Journal of Biomechanical Engineering (2012-present)

Executive Editor, Journal of Bioengineering & Biomedical Science (2010-2013)

Associate Editor, Journal of Biomechanical Engineering (2009-2012)

Associate Editorial Board, Spine (2008-present)

Advisory Panel, Neck Injury Biomechanics Compendium, J Pike (Ed.), SAE International, 2009.

### **BOOKS:**

Winkelstein BA, Orthopaedic Biomechanics, Boca Raton, FL: CRC Press Taylor & Francis, 2012.

## **JOURNAL REVIEWER ACTIVITIES (2000-present):**

Journal of Neuroscience Methods **Anatomical Record** 

Annals of Biomedical Engineering Journal of Neurotrauma

Arthritis Research & Therapy Journal of Orthopaedic Research

**Biomaterials** Journal of Pain

Biomechanics & Modeling in

Mechanobiology BioResearch Open Access Medical & Biological Engineering &

Brain, Behavior, & Immunity

Clinical Orthopaedics & Related Research Molecular & Cellular Neuroscience **Expert Review of Neurotherapeutics** 

European Journal of Pain

European Journal of Pharmacology

European Spine Journal

Fundamental & Clinical Pharmacology

International Journal of Clinical

Rheumatology

Journal of American Association for

Laboratory Animal Science

Journal of Biomechanical Engineering

Journal of Biomechanics

Journal of Manipulative & Physiological

Therapeutics

Journal of the Mechanical Behavior of

**Biomedical Materials** 

Journal of Medical Devices

Journal of Neuroinflammation

Journal of Neurophysiology

Journal of Neuroscience

Journal of the Royal Society Interface Journal of Sport & Health Science

Computing

Medical Engineering & Physics

Molecular Pain

Molecular Pharmaceutics

Muscle & Nerve Neuroscience

Neuroscience Letters

Neurotherapeutics

Osteoarthritis & Cartilage

Pain

Physiology & Behavior

**PLOSOne** 

**PNAS** 

Science

Science Translational Medicine

Stapp Car Crash Journal

The Spine Journal

Traffic Injury Prevention

### PROFESSIONAL SOCIETY ACTIVITIES & CONFERENCE ORGANIZATION:

Chair, PhD Paper Competition, ASME Bioengineering Conference, 2006, 2007.

Education Committee, ASME Bioengineering Division, 2006 – 2009.

Solid Mechanics Technical Committee, ASME Bioengineering Division, 2006 – Present.

Student Paper Competition Review Committee, Stapp Car Crash Conference, 2007 – 2012.

Chair, Student Paper Competition, ASME Summer Bioengineering Conference, 2008.

YC Fung Young Investigator Award Committee, ASME-Bioengineering Division, 2008-2014.

Co-Chair, Orthopedics & Rehabilitation Engineering Track, BMES Annual Meeting, 2009.

ASME NIH Task Force & Inter-Sector Committee on Federal R & D, 2010-2013.

Co-Organizer, New York Academy of Sciences BPDG Symposium, 2010.

Organizer, Facet Mechanics Symposium, 6<sup>th</sup> World Congress of Biomechanics, Singapore, 2010.

Organizing Committee, ASME Society-Wide Micro/Nano Technology Forum, 2010, 2011.

Publications Chair, ASME Summer Bioengineering Conference, 2011.

International Program Committee, IASTED Biomech 2011 Conference, 2011.

Education Committee, *Biomedical Engineering Society*, 2011 – 2013.

Scientific Program Committee, Association for the Advancement of Automotive Medicine, 2011 – 2014.

Seed Starter Grant Sub Committee, Cervical Spine Research Society, 2013 – 2016.

Co-Chair, Biomechanics Track, BMES Annual Meeting, 2014.

## **CONFERENCE SESSIONS CHAIRED:**

Skeletal: Injury Biomechanics, ASME Summer Meeting, Key Biscayne FL, 2003.

Joint Biomechanics/Human Movement, BMES Meeting, Philadelphia PA, 2004.

Soft Tissue Mechanics, BMES Meeting, Baltimore MD, 2005.

Disc Mechanics, ASME Summer Bioengineering Conference, Amelia Island FL, 2006.

Chair, PhD Paper Competition, ASME Summer Bioengineering Conference, 2006, 2007.

Whiplash & Neck Injury Biomechanics, 5<sup>th</sup> World Congress of Biomechanics, Munich, 2006.

Spine II, ASME Summer Bioengineering Conference, Keystone CO, 2007.

Spine Regenerative Medicine, Fall Meeting of Philadelphia Spine Research Society, 2007.

Head & Neck Impact Response & Injury, 51<sup>st</sup> Stapp Car Crash Conference, San Diego, CA, 2007.

Biomechanics of Forensic Engineering, ASME Summer Bioengineering Conf., Marco Island FL, 2008.

Pediatric & Pregnant Occupant Biomechanics, 52<sup>nd</sup> Stapp Car Crash Conference, San Antonio, TX, 2008.

Orthopedic Soft Tissue Biomechanics, BMES Annual Meeting, Pittsburgh, PA, 2009.

Whiplash & Neck Injury Biomechanics, 6<sup>th</sup> World Congress of Biomechanics, Singapore, 2010.

Facet Mechanics, 6<sup>th</sup> World Congress of Biomechanics, Singapore, 2010.

Head & Neck Injury Biomechanics & Anthropometry, 54th Stapp Car Crash Conf, Scottsdale, AZ, 2010.

Spine Biomechanics, Orthopaedic Research Society Annual Mtg, Long Beach, CA, 2011.

Biomechanics of Injury, ASME Summer Bioengineering Conf, Nemacolin, PA, 2011.

Workshop Panelist, Strategies for Postdocs & Early Investigators, *ASME Summer Bioengineering Conf*, Nemacolin, PA, 2011.

Panel Discussion Leader, 5<sup>th</sup> International Whiplash Trauma Congress, Lund, Sweden 2011.

Neural Engineering, BMES Annual Meeting, Hartford, CT, 2011.

Biomechanics of Injury, ASME Summer Bioengineering Conf, Fajardo, Puerto Rico, 2012.

Workshop Panelist, Tips for Tenure, ASME Summer Bioengineering Conf, Fajardo, Puerto Rico, 2012.

Injury II, ASME Summer Bioengineering Conf, Sunriver, OR, 2013.

Symposium: Basic and Clinical Evidence that Painful Lesions are Induced after Whiplash Injury, 8<sup>th</sup> Congress of the European Federation of the IASP Chapters, Florence, Italy, 2013.

Injury Biomechanics, 57<sup>th</sup> Stapp Car Crash Conf, Orlando, FL, 2013.

Spine Biomechanics Modeling, 7<sup>th</sup> World Congress of Biomechanics, Boston, MA, 2014. Spinal Facet Biomechanics, 7<sup>th</sup> World Congress of Biomechanics, Boston, MA, 2014.

In Vitro Models of Organ Biomechanics, 7<sup>th</sup> World Congress of Biomechanics, Boston, MA, 2014.

Head Injury Biomechanics, BMES Annual Meeting, San Antonia, TX, 2014.

Pain, BMES Annual Meeting, San Antonia, TX, 2014.

Challenges & Opportunities in University Space for High Impact Teaching, AAU STEM *Initiative Conference*, Washington DC, 2014.

## PROFESSIONAL SOCIETY REVIEWER ACTIVITIES:

Technical Paper Reviewer, Occupant Protection, SAE, World Congress & Exhibition, 2005, 2008 – 2010.

Abstract Reviewer, Orthopaedic Biomechanics, ASME Bioengineering Conference, 2006.

Abstract Reviewer, Spine, ASME Summer Bioengineering Conference, 2007.

Abstract Reviewer, Injury, ASME Summer Bioengineering Conference, 2009.

Abstract Reviewer, Student Paper Competition, ASME Summer Bioengineering Conference, 2009.

Abstract Reviewer, Orthopedic Soft-Tissue Biomechanics, BMES Annual Meeting, 2009.

Abstract Reviewer, TMJ Bioengineering Conference, 2009.

Abstract Reviewer, Other Solid Mechanics, ASME Summer Bioengineering Conference, 2010.

Abstract Reviewer, Spine, Orthopaedic Research Society Annual Conference, 2011.

Abstract Reviewer, Neural Engineering, BMES Annual Meeting, 2011.

Abstract Reviewer, IASTED Biomech 2011 Conference, 2011.

Paper Reviewer, AAAM Conference, 2012, 2013.

Abstract Reviewer, Injury, ASME Summer Bioengineering Conference, 2012, 2013.

Paper Reviewer, ASME 11<sup>th</sup> Biennial Conference on Engineering Systems Design & Analysis, 2012.

Abstract Reviewer, Nerve & Spinal Cord Injury, Orthopaedic Research Society Annual Conf, 2013, 2014.

### **GRANT REVIEW ACTIVITIES:**

Wellcome Trust Foundation – Training Fellowship & Program Grant Awards, 2002, 2005

National Science Foundation Panel Review - CAREER Awards, 2002, 2011

Natural Sciences & Engineering Research Council of Canada – CHRP Awards, 2003

National Institutes of Health, NIBIB (ZRG1-EB01, ZEB1-OSRB01) – K & T32 Awards, 2003, 2004

National Institutes of Health, (SCS) – ad hoc reviewer, 2005

Health Research Board of Ireland – Research Program Grants, 2005

Department of Veterans Affairs - Rehabilitation Research & Development, 2005

National Science Foundation – Graduate Research Fellowship Program, 2006, 2009

National Institutes of Health, (BDCN K-18S) – ad hoc reviewer, 2006

National Institutes of Health, NCCAM (ZAT1 DB25, ZAT1 DB27) - ad hoc reviewer, 2006, 2007

Catalan Agency for Health Technology Assessment & Research – Research Grants, 2007

Prince Salman Centre for Disability Research – Research Grants, 2007

AIBS – US Army Medical Research & Materiel Command (MOMRP)

Brain & Spine Injury Hazards Program Review Panel, 2008

RAD 3 – USAMRMC Grant Review, 2008

National Institutes of Health, NCCAM (SBIR LD26) – ad hoc reviewer, 2008

Dutch Arthritis Association, Reumafonds – Research Grants, 2009

National Institutes of Health, (GDD) – ad hoc reviewer, 2009

National Institutes of Health, (MOSS F15) – ad hoc reviewer, 2010

National Institutes of Health, NCCAM (PCCTR, U19 awards) – ad hoc reviewer, 2010

Department of Veterans Affairs, Rehabilitation Research & Development, ad hoc reviewer, 2010, 2014

National Institutes of Health, (MRS) – ad hoc reviewer, 2011

Czech Science Foundation – reviewer, 2011

Natural Sciences & Engineering Research Council of Canada – Discovery Grants, 2012

National Institutes of Health, (ANIE) – ad hoc reviewer, 2012

Cervical Spine Research Society, Seed Starter Grants, 2013 – 2016

Swedish Research Council, Ministry of Education and Science, Sweden – scientific expert panel, 2013

American Heart Association, Brain Stroke–Basic Science – reviewer, 2013

Swiss National Science Foundation, Division of Biology and Medicine – reviewer, 2013

Natural Sciences & Engineering Research Council of Canada–Discovery Grants – reviewer, 2013

Research Grants Council of Hong Kong – reviewer, 2014

### **TEACHING EXPERIENCE:**

University of Pennsylvania, Philadelphia, PA

ENGR 566 – Design of Appropriate Technologies for Point of Care Diagnostics (enrollment 7)

Spring 2014 & Fall 2014

|  | 3pring 2014 & Fan 2014   |
|--|--------------------------|
| ENGR 299 – Engineering Research (enrollment 17)                          | Fall 2013                |
| BE495/496 – Senior Design (enrollment 68, 92, 78, 80, 90)                | 2010-2015                |
| BE 699 – Graduate Seminar Course (each of Fall/Spring Terms)             | 2011-2013                |
| BE 200 – Introduction to Biomechanics & Biomaterials (enrollment 96, 1   | 17) Fall 2008, Fall 2009 |
| BE 210 – Bioengineering Laboratory II (2 sections; total enrollment 92)  | Spring 2009              |
| EAS 296 – Global Biomedical Service (faculty participant for Spring & St | ummer) 2007, 2009        |
| BE/BFS 225 – Technology & Engineering in Medicine (enrollment 18, 23     | Fall 2006, Spring 2008   |
| BE 210 – Bioengineering Laboratory II (2 sections; enrollment 92,88,82,8 | 0) Spring 2004–2007      |
| BE 505 – Quantitative Human Physiology (enrollment 34,15)                | Fall 2003, Fall 2004     |
| BE 210 – Bioengineering Laboratory II (single section; enrollment 25)    | Spring 2003              |

Dartmouth College, Hanover, NH

| Module Instructor, ENGS 56 – Introduction to Biomedical Engineering | Spring 2001, 2002 |
|---|-------------------|
| Research Mentor, WISP Program                                       | 2001-2002         |

### INSTITUTIONAL ADMINISTRATIVE RESPONSIBILITIES:

| 2014         | Member, Consultative Committee, Appointment of Dean of School of Engineering and  |
|--------------|---|
|              | Applied Science, Penn   |
| 2013         | Member, Consultative Committee, Appointment of Dean of Graduate School of         |
|              | Education, Penn   |
| 2012-Present | Associate Dean, Undergraduate Education, School of Engineering & Applied Science  |
| 2012-2014    | Member, Steering Committee for Middle States Self Study, Penn                     |
| 2012-2013    | Chair, Working Group on Undergraduate Research for Middle States Self Study, Penn |
| 2012-2013    | Founding Director, Annual Bioengineering Graduate Research Symposium              |
| 2012         | Member, Animal Research Committee   |
| 2012         | Member, Faculty Senate Nominating Committee, Penn                                 |
| 2012         | Member, Consultative Committee on Chair of Materials Science & Engineering, Penn  |
| 2011-2012    | Chair, Bioengineering Graduate Group  |

| 2011-2012    | Committee Member, Natural Science and Engineering Review Panel, University    |
|--------------|---|
|              | Research Foundation, Penn   |
| 2011         | Member, Consultative Review Committee on Reappointment of Dean of School of   |
|              | Veterinary Medicine, Penn   |
| 2009-2012    | Faculty Member, Comparative Medical & Molecular Genetics Training Grant, Penn |
| 2009-Present | Executive Committee, Neurosurgery Brain Injury Training Grant (T32), Penn     |
| 2009-2012    | Member, Faculty Council on Access & Academic Support, Univ. of Penn           |
| 2008-2011    | Director, Bioengineering Graduate Student Admissions & Recruiting             |
| 2008-Present | Faculty Advisor, Biomedical Engineering Society, Penn Chapter                 |
| 2008-2010    | Member, Engineering Faculty Council, Univ. of Penn                            |
| 2008-2010    | Member, Senate Committee on Faculty & Academic Mission, Univ. of Penn         |
| 2008         | Founding Director, Bioengineering Talks with Alumni Undergraduate Series      |
| 2008         | Member, Neurosurgery Faculty Search – Spine, Univ. of Penn                    |
| 2007-2009    | Board Member, Student Disciplinary System, Univ. of Penn                      |
| 2007-2009    | Coordinator, Bioengineering Undergraduate Laboratory Curriculum               |
| 2007-2010    | Member, Bioengineering Undergraduate Curriculum Committee                     |
| 2007-2010    | Member, Rachleff Engineering Scholars Faculty Committee, Univ. of Penn        |
| 2007-Present | Member, Animal Program Advisory Committee, Univ. of Penn                      |
| 2006-2007    | Animal Resources Review Committee, Univ. of Penn                              |
| 2006-2007    | Co-Director, Bioengineering Departmental Seminar Series                       |
| 2006-2007    | Member, Bioengineering Chair Search Committee                                 |
| 2005-2011    | Executive Board, Benjamin Franklin Scholars Program, Univ. of Penn            |
| 2004-2008    | Faculty Member, Penn Women Biomedical Society Faculty Chat Program            |
| 2004-2007    | Member, IME Pilot Grant Review Committee, Univ. of Penn                       |
| 2003-2010    | Faculty Advisor, Society of Women Engineers, Penn Chapter                     |
| 2003-2007    | Director, Bioengineering MD/PhD Recruiting & Admissions                       |
| 2003-2006    | Member, Bioengineering Undergraduate Laboratory Committee                     |
| 2003         | Faculty Educator, Penn-Merck Summer Program, Univ. of Penn                    |
| 2002-2004    | Member, Bioengineering Graduate Recruiting & Admissions Committee             |
|              |   |

## **CURRENT RESEARCH FUNDING:**

Source: NIH, NIAMS (R01 AR064157)

*Title:* Notochordal Cell Derived Therapies for Painful Disc Degeneration 8/13-7/18 *Role:* PI of Penn Sub-Contract (PI: J. Iatridis, Mt. Sinai) Penn Direct Costs \$59,210

Source: NIH, NIBIB (U01 EB016638)

Title: Multiscale Modeling of Facet Capsule Mechanobiology 7/13-6/18

Role: PI (PI: V. Barocas, UMN) Penn Direct Costs \$736,000/over 5 years

Source: Army Research Office (Defense University Research Instrumentation Program)

*Title:* Biaxial Test System for Biomechanical Testing in Trauma Research 7/13-6/14 *Role:* PI \$83,081

Source: Association of American Universities/Helmsley Charitable Trust 9/1/13-8/31/16

Title: AAU STEM Initiative

Role: PI (PI: D. DeTurck) \$500,000

12/12-12/13

\$35,000

Source: St. Jude Medical, Inc. 12/12-6/15 Title: Defining Effects of Spinal Cord Stimulation on Thalamic Modulation of Painful Radiculopathy Role: PI \$59,600 Source: Oral and Maxillofacial Surgery Foundation 1/13-12/14 Title: PET/CT for the Diagnosis/Prognosis of TMJ Osteoarthritis Role: Co-PI (PI: EJ Granquist) \$75,000 Source: Vice Provost for Global Initiatives (University of Pennsylvania) 12/12-12/14 Title: Design of Appropriate Biomedical Technologies for Point of Care Diagnostics in Sub-Saharan Africa Role: PI \$25,000 Source: Cervical Spine Research Society 1/12-12/14 Title: A Novel Bioengineered Biomaterial to Treat Painful Neural Trauma via Modified Thrombin Activity for Improving Neuronal Function & Treating Pain Role: PI *Total Costs:* \$75,000 Source: US Army Research (W911NF-07-D-0001) 9/11-10/14 Title: Cervical Spine Human Surrogate Mechanical Investigations Role: PI: Winkelstein (Co-I: Welch) Total Direct Costs: \$149,703 Source: Catherine D. Sharpe Foundation Award 9/13-8/18 Title: Defining Injury Mechanisms, Identifying Effective Interventions & Implementing Safe Treatment for the Spine: Integrating Biomechanics & Neurosurgery Role: Co-PI (Co-PI: Welch) Total Costs: \$500,000 Source: NIH, NIAMS (R01 AR056288) 4/09-3/15 Title: Nociceptive Mechanisms in Whiplash Injury Total Direct Costs: \$969,123 Role: PI Percentile: 1.4% Source: NIH, NIAMS (BIRT AR551895) 7/10-3/15 Title: Building Interdisciplinary Research Teams Role: PI: Winkelstein (Co-I: Golder) Total Direct Costs: \$100,000 Source: DOD, CDMRP- TDA (#OR090496) 9/10-10/15 Title: Development of a Novel Translational Model of Vibration Injury to the Spine to Study Acute Injury in Vivo Role: PI: Winkelstein (Co-I: Welch) *Total Direct Costs:* \$1,998,755 (4 yrs) PAST RESEARCH FUNDING: Source: St. Jude Medical, Inc. 12/12-12/13 Title: SCS Programming: Acute Extracellular Recordings Role: PI \$37,087

Source: Provost's Interdisciplinary Seminar Fund (University of Pennsylvania)

*Role:* PI (Conference Grant)

Title: Challenges & Opportunities in Pain: Interdisciplinary Approaches to Effective Therapies

Role: PI

Source: NIH, NIDCR (R21 DE017817)

Total Direct Costs: \$599,991

7/1/06-6/30/09

Source: Catherine D. Sharpe Foundation Award 6/08-9/13 Title: Defining Injury Mechanisms, Identifying Effective Interventions & Implementing Safe Treatment for the Spine: Integrating Biomechanics & Neurosurgery Role: Co-PI of Sub-Contract (Program PI: Grady *Total Costs:* \$450,000 Source: NSF, BES (CAREER 0547451) 7/06-6/13 Title: Biomechanics of Neck Pain: Does Form Dictate Function? Total Direct Costs: \$402,000 Role: PI Source: NSF-GOALI Award 2/08-6/13 *Total Costs:* \$15,000 *Role:* PI (Co-PI: Whiteside, Wyeth) Source: Foerderer Award 8/11-7/12 Title: Mechanisms of Chronic Pain During Development *Role:* Collaborator (PI: Barr; CHOP) *Total Costs:* \$49.616 Source: DOD, CDMRP-HDA (#OR090700) 9/10-12/12 Title: Salmon Thrombin as a Treatment to Attenuate Acute Pain & Promote Tissue Healing by Modulating Local Inflammation Role: PI: Winkelstein (Co-I: Janmey) Total Direct Costs: \$100,000 Source: Provost's Interdisciplinary Seminar Fund (University of Pennsylvania) 8/11-12/12 Title: The Penn Interdisciplinary Pain Seminar Series Role: PI \$9,000 Source: University Research Foundation Award (University of Pennsylvania) 3/10-9/11 Title: Electrophysiological Methods for Understanding Chronic Pain in Vivo Role: PI \$40,000 Source: Synthes Spine Co., USA (sponsored research agreement) 8/08-2/11 Title: Characterization of Cervical Facet Joint Pressures During Normal Spine Motions & following Surgical Intervention: A Cadaveric Study Role: Co-PI (Co-PI: Schuster) *Total Costs:* \$77,400 Source: Army Research Office (Defense University Research Instrumentation Program) Title: Integrated Imaging & Neurophysiology Workstation for Trauma Research 6/09-5/10 Role: PI \$83,000 Source: NSF-CHOP Center for Child Injury Prevention Research (PI) 5/08-11/09 Title: Painful Spine Injury in Children and Young Adults: Integrated Biomechanics and Pain Modeling *Total Costs:* \$50,000 Source: CDC, NCIPC (R49 CE000689) 8/31/05-8/30/09 Title: Biomechanical Mechanisms of Facet-Mediated Whiplash Injury & Pain

*Title:* A Novel Model of TMJ Osteoarthritis to Define Glial Reactivity in Chronic Pain *Role:* PI (Co-PIs: Nicoll, Akintoye) *Total Direct Costs:* \$275,000

1/08-6/09 Source: Cervical Spine Research Society

Title: Novel Imaging Approach Using 3D Stress MRI to Detect Altered Biomechanics in

Patients with Evoked Neck Pain *Total Costs:* \$60,310

Role: PI

Source: Synthes Spine Co., USA (sponsored research agreement) 4/07-6/08

Title: Characterization of Cervical Facet Joint Biomechanics with Progressive Spinal Degeneration & Surgical Interventions: A Pilot Cadaveric Study

Role: Co-PI (Co-PI: Schuster) *Total Costs:* \$62,000

Source: Catherine D. Sharpe Foundation Award

2/03-5/08

Title: Understanding Painful Neck Injuries: Integration of Spine

Biomechanics with Neurosurgical Approaches for Diagnosis & Treatment

*Role:* PI of Bioengineering Sub-Contract (Program PI: Grady) Total Direct Costs: \$400.000

Source: Southern Consortium for Injury Biomechanics (NHTSA) 5/05-4/08

Title: Injury Mechanisms of Facet-Mediated Whiplash Neck Pain Total Costs: \$299.877

Role: PI

Source: Japan Automobile Research Institute

3/15/06-12/31/06

Title: Defining Cervical Facet Kinematics for Combined Shear, Compression &

Axial Pretorque of Vertebral Motion Segments

Role: PI *Total Costs*: \$70,000

Source: Whitaker Foundation Biomedical Engineering Grant (#RG-02-0311) 1/1/03-12/31/06

Title: Understanding the Mechanical Role of the Cervical Facet Joint in Neck Pain:

Biomechanics & Nociceptive Responses in an In Vivo Model *Total Costs:* \$239,998

Role: PI

Source: NIH, K01 Research Career Award (AR47564-01) 9/1/02-8/31/06

Title: Local Tissue Biomechanics in Low Back & Radicular Pain *Total Costs:* \$366,703

Role: PI

Source: University of Pennsylvania, Institute for Medicine & Engineering 4/1/04-3/31/05

Title: Developing an Interdisciplinary Understanding of Facet-Mediated Neck Pain:

Defining the Relationship Between Biomechanics & NK-1 Receptor Expression in the CNS *Total Costs:* \$20,000

Role: Co-PI (Co-PI: Commons)

Source: Synthes, USA

7/01/02-6/31/03

Title: Biomechanics of the Cervicothoracic Junction Using Kinematic Computerized Tomography

Role: Co-PI (PI: Grady) Total Direct Costs: \$45,000

Source: NIH, Individual National Research Service Award (F32-NS11161-1) 3/01/01-6/30/02

Title: Role of Biomechanics/Neural Plasticity in Radicular Pain *Total Costs:* \$113,448

### **RESEARCH SUPERVISION:**

**Doctoral Students** 

Raymond Hubbard (Product Development Engineer, Integra LifeSciences) Defended 3/08

| National Science Foundation Fellowship, Ashton Fellowship  1 <sup>st</sup> place, PhD Podium, Student Paper Competition, ASME Bioengineering Conf, 2006  Solomon R. Pollack Award for Excellence in Bioengineering, 2008  1 <sup>st</sup> place, Stapp Association Student Paper Competition, 2008 |                       |
|--|-----------------------|
| Kathryn Lee (Consultant, Frankel Group)  National Science Foundation Fellowship  | Defended 11/08        |
| 1 <sup>st</sup> place, Stapp Association Student Paper Competition, 2004 Sarah Rothman (Senior Research Biologist, Neurodegeneration; Merck) National Neurotrauma Society Travel Fellowship, 2005 Recipient, National Research Council Post-Doctoral Fellowship, 2009                              | Defended 4/09         |
| Kyle Quinn (Assistant Professor, University of Arkansas) Fellowship, Association for the Advancement of Automotive Medicine, 2 3 <sup>rd</sup> place, Stapp Association Student Paper Competition, 2007 1 <sup>st</sup> place, Stapp Association Student Paper Competition, 2008                   | Defended 7/10<br>2008 |
| Solomon R. Pollack Award for Excellence in Bioengineering, 2011<br>Ling Dong (Associate Manager, Genentech)  | Defended 10/11        |
| BE Department GAANN Fellowship, 2006-2007  |                       |
| Honorable Mention, Student Paper Competition, ASME Bioengineering  |                       |
| Kristen Nicholson (Spine Research Medical Writer, Rothman Institute)   | Defended 7/13         |
| Ashton Fellowship  |                       |
| Honorable Mention, National Science Foundation Fellowship, 2009  |                       |
| Biomedical Engineering Society Student Travel Award, 2009  |                       |
| 2 <sup>nd</sup> place, Stapp Association Student Paper Competition, 2011<br>Finalist, Student Paper Competition, ASME Bioengineering Conf, 2013  |                       |
| 1 <sup>st</sup> place, Basic Science Paper, Cervical Spine Research Society, 2013  |                       |
| Jeffrey Kras,  | 2008-Present          |
| BE Department GAANN Fellowship, 2008-2009  | 2006-1 Tesent         |
| Biomedical Engineering Society Student Travel Award, 2009  |                       |
| Nathan Crosby  | 2009-Present          |
| Ashton Fellowship  | 2007-1 Tesent         |
| Honorable Mention, National Science Foundation Fellowship, 2011  |                       |
| Jenell Smith   | 2010-Present          |
| Ashton Fellowship  | 2010 Tresent          |
| Finalist, Student Paper Competition, ASME Bioengineering Conf, 2011<br>Pre-Doctoral Trainee, Orthopaedic Training Grant, 2013-2015   |                       |
| Sijia Zhang  | 2012-Present          |
| 2 <sup>nd</sup> place, Stapp Association Student Paper Competition, 2013   |                       |
| Ben Bulka  | 2013-Present          |
| Research Fellows   |                       |
| Scott Simon, MD (Neurosurgeon, Hamden, CT)   | 2002-2003             |
| Zhong Huang, MD (pursuing PhD in Information Science, Drexel, PA)  | 2006-2007             |
| Nadine Dunk, PhD (faculty, Humber College, Toronto, Canada)  | 2008-2009             |
| Joel Bauman, MD (spine surgery fellow, New England Baptist Hospital)   | 2008-2011             |
| Neurosurgery Research & Education Foundation Research Fellowship, 20<br>Yu-Wen Chang, PhD (visiting scholar, Academia Sinica, Taiwan)  | 2009-2010             |
| 1 u- vvon Chang, 1 nD (visiting scholar, Acadellia Silica, Tarwall)  | 2007-2010             |

| Nicolas Jaumard, PhD Trainee, Neurosurgery Training Grant, 2010-2012                    | 2009-present   |
|---|----------------|
| La'Toya Latney, DVM  Trainee, Comparative Medical and Molecular Genetics Training Grant | 2010-present   |
| Eric Granquist, DMD, MD   | 2011-2013      |
| Peter Syré, MD  | 2011-2013      |
| Trainee, Neurosurgery Training Grant, 2012-present                                      |                |
| Resident Research Award, 24 <sup>th</sup> Annual Pan Philadelphia Neurosurgery Co       | nference, 2012 |
| Kosuke Tanaka, DMD  | 2011-2014      |
| Nadia Gharbi, DMD   | 2012-2013      |
| Parul Sikand Pall, PhD  | 2013-2014      |
| Blythe Philips, VMD   | 2014-present   |
| Masters Students  |                |
| Hassam Baig (BE)  | 2012-2013      |
| 3 <sup>rd</sup> place, Student Paper Competition, ASME Bioengineering Conf, 2013        |                |
| Nadia Gharbi (Masters of Science in Oral Biology, Penn Dental)                          | 2012-2013      |
| Morgan Fox (BE)   | 2011-2013      |
| Akhilesh Gokhale (MEAM)   | 2010-2012      |
| Derek Lee (BE) (Drexel Medical School)  | 2010-2012      |
| Kiersten Craig (BE) (Analyst, Systems Integration Platform, Accenture)                  | 2008-2009      |
| 3 <sup>rd</sup> place, Student Paper Competition, ASME Bioengineering Conf, 2009        |                |
| Boyang Tang   | 2008           |
| Graduate Rotation Students  |                |
| John Thinnes, "Design of a rodent spine loading device."                                | 2002-2003      |
| Cathryn Peltz, "Protocols for quantifying ligament fiber undulation."                   | Fall 2004      |
| Chris Dubois, "Detection of spinal neuropeptides in radicular pain."                    | 2004-2005      |
| (recipient, Fontaine Fellowship)  | 2001 2003      |
| Diana Santos, "Characterization of combined loading in facet distraction."              | 2004-2005      |
| (recipient, Fontaine Fellowship)  |                |
| Amy Orlansky, "Defining spinal glial activation in a TMJ pain model."                   | Fall 2006      |
| Elena Tous, "Astrocyte transfection for detection of inducible cytokines."              | Fall 2007      |
| Katherine Reuther, "Widespread spinal astrocytic responses in pain."                    | Fall 2009      |
| Dianne Weeks, "Brain activation in chronic pain."                                       | Fall 2009      |
| Tristan Driscoll, "BKCa channels in pain."  | Spring 2010    |
| Kalonda Johnson   | 2009-2010      |
| (recipient, Fontaine Fellowship, National Science Foundation Fello                      | owship)        |
| Lorre Atlan (recipient, Fontaine Fellowship)  | Fall 2011      |
| Benjamin Freedman (recipient, National Science Foundation Fellowship)                   | Fall 2011      |
| Christine Yoon  | Fall 2012      |
| Megan Sperry  | Summer 2014    |
| Meagan Ita  | Fall 2014      |
| Senior Design/Thesis  |                |
| Chris Paryse, "Pressure characterization of microvascular clips."                       | Spring 2003    |
| Roanne Mejilla, "Device design for facet contour measurement."                          | 2003-2004      |
| resume megina, Derice design for these contour measurement.                             | 2003 2004      |

| Kathryn Keenan, Justin Mills, Liz Robinson "Design of multi-axis spine lo          | _                  |
|--|--------------------|
|  | 2004-2005          |
| David Gokhin, "Design of isolated rat ligament loading device."                    | 2004-2005          |
| Elizabeth Kim, "Lidocaine treatments for neck pain relief."                        | Spring 2005        |
| Pooja Sethi, "Quantification of disc pathology following applied spine flex        |                    |
| Ross Leimberg, "Species scaling for biomechanics: Of mice and men."                | Fall 2005          |
| Andrew Franklin, Michelle Gupta, Will Marsh, "Design of dynamic facet l            | _                  |
|  | 2005-2006          |
| Vincent Cina, Kiersten Craig, Elizabeth Hines, Tefesehet Mesfin, "Design           | •                  |
| provide delivery of sustained mouth-opening in multiple rats simultaneous          |                    |
| Osama Ahmed, Mohammed Khan, Joan Jose Martinez, Robert Mozia, "De                  | _                  |
| system for optimal treatment of neuropathology from painful injury."               | 2008-2009          |
| Chidi Ahaghotu, "Spinal glial activation in response to cytokine treatments        |                    |
| Andrea Barberio, Elizabeth Green, Michael Czubakowski "Design of an M              | -                  |
| head positioning device." (winners, BE Senior Design Competition)                  | 2010-2011          |
| Independent Study  |                    |
| Andrea Tan, "NK-1 responses in facet-mediated pain."                               | 2004-2005          |
| Sahana Mysore, "Brain responses in persistent pain."                               | Spring 2005        |
| Gary Evans-Gaspar, "Tooth strength of AmelX null mice"                             | 2006-2007          |
| Vandana Sood, "Spinal serotonin in facet-mediated pain" (Blair Fellow)             | 2008-2009          |
| Elizabeth Robinson, "Spinal regulation of CGRP mRNA in painful facet in            | jury" 2008-2009    |
| Chukwunyere Ahaghotu, "Temporal astrocyte morphology related to activa             | ation" Spring 2009 |
| Melissa Cedarholm, "Computational biomechanics of a prosthetic interface           | e" Spring 2012     |
| Undergraduate Researchers  |                    |
| Grant Arnold, "Design & development of an in vivo compression device."             | Summer 2003        |
| David Gokhin, "Strain analysis techniques of the cervical facet capsule."          | 2003-2004          |
| (recipient, Spring 2004, Research Opportunities in Penn Engineering Av             |                    |
| Andrew Franklin, "Design & use of rodent test-frames."                             | 2003-2005          |
| Robert Kreider, "Quantification of spinal neuropeptides in pain."                  | Summer 2004        |
| Andrea Tan, "NK-1 responses in facet-mediated pain."                               | Summer 2004        |
| Sarah Ghafurian, "Quantification of immunohistochemistry."                         | Summer 2005        |
| Cheryl Yang, "Geometric measurements of rodent ligaments."                         | Fall 2005          |
| Michelle Gupta, "Strain analysis of facet mechanics."                              | 2005-2006          |
| Liz Hines, "Kinematic measurements for spine motion segments." Sum                 | mer 2005-present   |
| participant, NSF/AMP Program; 2 <sup>nd</sup> place oral presentation contest 2005 | 5,                 |
| 1 <sup>st</sup> place 2006; 2 <sup>nd</sup> place poster contest 2007)             |                    |
| Gary Evans-Gaspar, "Design of fixture & protocol for testing mice teeth"           | Summer 2006        |
| Akriti Saxena, "Multiplex assays of spinal cytokines in pain"                      | Summer 2006        |
| participant, University Scholars Program   |                    |
| <u>.</u>   | Spring 2006-2008   |
| •  | Spring 2007-2008   |
|  | ımmer 2007-2008    |
| participant, NSF/AMP Program; 2 <sup>nd</sup> -place poster contest 2008           |                    |
|  | mer 2007-present   |
| recipient, Blair Fellowship, Fall 2008   |                    |

Ben Guarino
Sarah Hanna
Summer 2008-2010
Summer 2009
Marc van de Rijn, "Astrocytic responses to fibrin gels."
Summer 2009

participant, Nano-Bio Interface Summer Program

Julia QuindlenSpring 2010-2012Daniel LipschutzSpring 2010-2012Joshua BlackSummer 2010-2011

awardee, Penn Undergraduate Research Mentorship Program, Summer 2010

Luis Medina Summer 2011

participant, Nano-Bio Interface Summer Program

Taylor Gilliland Fall 2011-2014

awardee, Littlejohn Undergraduate Research Program, Summer 2013

Jasmine LeeFall 2012-presentTimothy Zhou, Rachleff ScholarFall 2012-presentNina Zhu, Rachleff ScholarSpring 2013-presentAlec StablowSummer 2014-present

awardee, Penn Undergraduate Research Mentorship Program, Summer 2014

Angel Xiao Summer 2014-present

## **DOCTORAL THESIS COMMITTEES (not primary advisor):**

Mari Allison (Arbogast), Bioengineering

Nelly Andarawis (Soslowsky), Bioengineering (Committee Chair), defended 2008.

Heather Ansorge (Soslowsky), Bioengineering (Committee Chair), defended 2010.

Lorre Atlan (Margulies), Bioengineering (Committee Chair)

Hallie Brink (Nicoll), Bioengineering (Committee Chair), defended 2008.

John Boxberger (Elliott), Bioengineering (Committee Chair), defended 2009.

Yung Chia Chen (Meaney), Bioengineering (Committee Chair), defended 2013.

Brittany Coats (Margulies), Bioengineering, defended 2007.

Michael DeRidder (Meaney), Bioengineering (Committee Chair), defended 2005.

Laurel Hind (Hammer), Bioengineering

Nicole Ibrahim (Margulies), Bioengineering (Committee Chair), defended 2009.

Sarah Rooney (Soslowsky), Bioengineering (Committee Chair)

Varsha Jain (Wehrli), Bioengineering (Committee Chair), defended 2012.

Wade Johannessen (Elliott), Bioengineering (Committee Chair), defended 2006.

Kevah Laksari (Darvish), Mechanical Engineering, Temple University, defended 2009.

Jiamin Liu (Udupa), Bioengineering (Committee Chair), defended 2006.

John Martin (Elliott, Mauck), Mechanical Engineering & Applied Mechanics (Committee Chair)

Kris Miller (Soslowsky), Bioengineering, defended 2012.

William Miller (Meaney), Bioengineering (Committee Chair), defended 2007.

William Olsen (Luo), Neuroscience

Tapan Patel (Meaney), Bioengineering (Committee Chair), defended 2013.

John Peloquin (Elliott), Bioengineering

Stephanie Perry (Soslowsky), Bioengineering (Committee Chair), defended 2008.

Amber Price (Diamond), Bioengineering (Committee Chair), defended 2006.

Brent Showalter (Elliott), Bioengineering (Committee Chair)

Pallab Singh (Meaney), Bioengineering, defended 2011.

Daniel Thorek (Tsourkas), Bioengineering (Committee Chair), defended 2009.

Katie von Reyn (Meaney), Bioengineering (Committee Chair), defended 2010.

Michael Wang (Reddy), Bioengineering, defended 2010.

Jessamine Winer (Janmey), Bioengineering (Committee Chair), defended 2009.

Jonathon Yoder (Elliott), Mechanical Engineering & Applied Mechanics, defended 2014.

### **INVITED PLENARY TALKS:**

- 1. "Mechanisms of Central Sensitization, Neuroimmunology & Injury Biomechanics in Persistent Pain." *State-of-the-Art Research Symposium: Perspectives on Musculoskeletal Disorder Causation and Control*, National Institute for Occupational Safety & Health, Columbus, OH, May, 2003.
- 2. "Subfailure Injuries of the Neck: Implications for Whiplash and Pain." *International Whiplash Trauma Congress*, Breckenridge, CO, February, 2005.
- 3. "Mechanisms of Painful Injuries in the Neck: Defining Spinal Responses to Mechanical Injuries for Future Treatment Strategies." *Keynote: Molecular Bioscience Symposium of Petersheim Academic Exposition*, Seton Hall University, NJ, April, 2005.
- 4. "Painful Spinal Injuries: Biomechanics, CNS Neuroimmune Responses & Their Implications for Persistent Pain." *Human Factors & Ergonomics Society*, Delaware Valley Chapter, Philadelphia, PA, November, 2005.
- 5. "Mechanical & Physiological Pathologic Mechanisms of Painful Cervical Facet Capsule Injury." *International Whiplash Trauma Congress*, Portland, OR, June, 2006.
- 6. "Spine Pain Mechanisms Where Does Back Pain Come From?" *Philadelphia Spine Research Society Annual Spring Meeting*, Philadelphia, PA, June, 2006.
- 7. "Biomechanics of Pain in Whiplash." *International Whiplash Trauma Congress*, Miami, FL, October, 2007.
- 8. "Theories of Neck Injury Mechanisms in Motor Vehicle Crashes." World Congress on Neck Pain, Los Angeles, CA, January, 2008.
- 9. "Biomechanics of Spine Trauma." *Annual Symposium of the American Society of Spine Radiology*, Indian Wells, CA, February, 2008.
- 10. "Nerve Root Compression in Acute & Chronic Radicular Pain: Mechanical Contributions to Local & Spinal Responses." 27<sup>th</sup> Annual Scientific Meeting of the American Pain Society, Tampa, FL, May, 2008.
- 11. "Hints from Seasoned Study Section Members." *NIH NCCAM Grantsmanship Workshop*, Bethesda, MD, June, 2008.
- 12. "Mechanisms of Traumatic Neck Pain." *Pain: Molecular to Community (M2C) Conference Canada Training in Pain*, Quebec, Canada, June, 2009.
- 13. "Persistent Pain from Mechanical Joint Injury: Mechanistic Insights from Models of Whiplash & TMJ." *TMJ Bioengineering Conference*, Denver, CO, November, 2009.
- 14. "What is Spinal Injury? Considerations for Injury and Pain." 5<sup>th</sup> Annual Philadelphia Spine Research Symposium, Philadelphia, PA, December, 2009.
- 15. "Neck Injury What is it? How is it Diagnosed and Treated?" 18<sup>th</sup> Annual Meeting of the Rachidian Society, Kona, HI, January, 2010.
- 16. "Biomechanics of Painful Injuries." *Injury Science Day*, University of Pennsylvania, Philadelphia, PA, March, 2010.

- 17. "Strategies For Developing Effective (& Relevant) Pre-Clinical Models of Pain: Relating Symptoms to Syndromes." *New York Academy of Sciences Symposium on Unmet Needs in Pain Therapeutics*, New York, NY, April, 2010.
- 18. "Spinal Facet Joint Anatomy & Biomechanics." Facet Mechanics Symposium, 6<sup>th</sup> World Congress of Biomechanics, Singapore, August, 2010.
- 19. "The Future of Neural Engineering."  $40^{th}$  Anniversary of the Department of Biomedical Engineering at Duke University, Durham, NC, September, 2010.
- 20. "Glia, Inflammation & Pain." Lyme & Other Tick-Borne Diseases Conference: The Science & Clinical Implications, Philadelphia, PA, October, 2010.
- 21. "Animal Models in the Transition to Chronic Pain." *International Forum on Whiplash*, Queensland, Australia, February, 2011.
- 22. "How Can Animal Models Inform on Transition to Chronicity?" *International Whiplash Symposium 2011: How to Lessen the Transition to Chronicity*, Centre of Clinical Research Excellence, University of Queensland, Australia, February, 2011.
- 23. "Pre-Clinical Models of Back Pain" 4<sup>th</sup> Annual Targeting Pain with Novel Therapeutics Conference, Philadelphia, PA, June, 2011.
- 24. "The Facet Joint as a Pain Generator in Neck Trauma." 5<sup>th</sup> International Whiplash Trauma Congress, Lund, Sweden, August, 2011.
- 25. "Using Biomechanics to Define Physiologic Dysfunction Revising Our Definition of Injury Tolerance." *Northeast Bioengineering Conference*, Philadelphia, PA, March, 2012.
- 26. "Acute to Chronic: What "Drives" Pain?" *International Whiplash Conference: 15 Year on: The Problem That has not Gone Away*, Bristol, UK, April, 2012.
- 27. "The Spinal Facet Joint and Musculoskeletal Pain." 2<sup>nd</sup> International Symposium on Musculoskeletal System & Pain, Sapporo, Japan, July, 2012.
- 28. "Evidence of Pain from Cervical Spine Tissues & Associated Neuroplastic & Immune Changes in Physiological Model." *14<sup>th</sup> World Congress on Pain*, Milan, Italy, August, 2012.
- 29. "Underlying Factors of Musculoskeletal Disorders: What Are We Missing?" *Human Factors and Ergonomics Society 56<sup>th</sup> Annual Meeting*, Boston, MA, October, 2012.
- 30. "Neck Pain Mechanisms: Insights for Prevention & Treatment." *Evidence-Based Solutions for Improving Cervical Spine Health and Function*, Chicago, IL, March, 2013.
- 31. "Cervical Facet Joint Injury: Review of Animal Studies." *Canadian Pain Society Annual Conference*, Winnipeg, MB, Canada, May, 2013.
- 32. "Animal Models of Pain "Back Translation" for Neck and Back Pain" 12<sup>th</sup> Annual World Pharma Congress, Philadelphia, PA, June, 2013.
- 33. "Evidence of Pain from Cervical Spine Tissues: Associated Neuroplastic & Immune Changes in Physiological Models" 8<sup>th</sup> Congress of the European Federation of the IASP Chapters, Florence, Italy, October, 2013.
- 34. "Mechanisms of Trauma-Induced Joint Pain and Insights for Diagnosis and Treatment." *Symposium on Challenges & Opportunities in Pain*, Philadelphia, PA, December, 2013.
- 35. "Biomechanics of Neurologic Injury" Research Spotlight Orthopaedic Research Society Annual Meeting, New Orleans, LA, March, 2014.
- 36. "Pain Signaling from Injured Cervical Facet Joints" Whiplash Injury: A Model for Development of Chronic Pain IASP Research Symposium, Aarhus, Denmark, March, 2014.
- 37. "Cervical Facet Joint Biomechanics in Normal & Injury Conditions." 7<sup>th</sup> World Congress of Biomechanics, Boston, MA, July, 2014.

- 38. "Painful Tissue Loading can Induce Widespread Inflammation via Integrated Mechanotransduction Cascades." 7<sup>th</sup> World Congress of Biomechanics, Boston, MA, July, 2014.
- 39. "Neuronal Activity in the CNS Modulates Persistent Pain: Mechanisms & Therapeutic Potential." *BMES Annual Meeting*, San Antonio, TX, October, 2014.

### INVITED DEPARTMENTAL SEMINARS & SYMPOSIA:

- 1. "Subcatastrophic Spinal Injuries: Biomechanics, Pain and Injury Mechanisms." *Bioengineering Seminar Series*, University of Pennsylvania, Philadelphia, PA, April, 2001.
- 2. "Biomechanics and Physiology of Radiculopathy and Other Painful Spinal Injuries." *Neurology Grand Rounds*, Dartmouth-Hitchcock Medical Center, Lebanon, NH, July, 2001.
- 3. "Painful Spinal Injuries: Biomechanics, Pain and Injury Mechanisms." *Department of Orthopaedics Research Seminar Series*, Brown University, Providence, RI, August, 2001.
- 4. "The Role of Neuroimmunity in Persistent Pain: CNS Responses and Biomechanical Implications." *CNS Injury Seminar*, University of Pennsylvania, Philadelphia, PA, September, 2001.
- 5. "CNS Neuroimmune Responses and Biomechanical Implications in Persistent Pain." *Annual Orthopaedics/Spine Center Visiting Professor Lectureship Symposium*, Dartmouth-Hitchcock Medical Center, Lebanon, NH, October, 2001.
- 6. "Whiplash-Related Neck Pain: What Role Does the Cervical Facet Play?" *Neurosurgery Grand Rounds*, University of Pennsylvania, Philadelphia, PA, September, 2002.
- 7. "Lumbar Nerve Root Mechanics in Compression: Implications for Persistent Low Back Pain." *Mechanical Engineering Departmental Seminar Series*, University of Vermont, Burlington, VT, October, 2002.
- 8. "The Role of Local Biomechanics in Persistent Pain." *Institute for Medicine and Engineering Interdisciplinary Seminar Series*, University of Pennsylvania, Philadelphia, PA, February, 2003.
- 9. "Spinal Injury & Pain: Biomechanics, Neuroimmunity and Injury Mechanisms." *TraumaLink Seminar*, University of Pennsylvania, Philadelphia, PA, April, 2003.
- 10. "Spinal Pain Mechanisms: Understanding the Relationship Between Injury Mechanics & Immunology." *Neuroscience Program Seminar*, Temple University, Philadelphia, PA, October, 2003.
- 11. "Cervical Facet-Mediated Injury: Lessons from an In Vivo Model Integrating Biomechanics, Behavior & Nociception." *Department of Bioengineering*, Wayne State University, Detroit, MI, October, 2005.
- 12. "Mechanisms of Painful Nerve Root Injury: Integrating Tissue Mechanics with Cellular Reactivity to Understand Pain Symptoms." *Orthopaedic Surgery Grand Rounds*, Duke University Medical Center, Durham, NC, December, 2005.
- 13. "Defining Tolerances for Neck Pain: Mechanical & Physiological Considerations." *Department of Bioengineering*, Columbia University, New York, NY, January, 2006.
- 14. "Does Nerve Root Compression "Sting"? Understanding Neck Pain in the Context of Biomechanics and Nociceptive Cascades." *Center for Injury Biomechanics*, Virginia Tech/Wake Forest, Blacksburg, VA, April, 2006.
- 15. "Neck Pain: Biomechanics & Cellular Responses for Injury in the Cervical Spine." *Orthopaedics Department Grand Rounds*, Dartmouth-Hitchcock Medical Center, Lebanon, NH, May, 2006.

- 16. "Nerve Root Compression & Pain: Does Tissue Biomechanics Influence Injury Responses?" *Applied Biomechanics Laboratory*, University of Washington, Seattle, WA, May, 2006.
- 17. "Biomechanics of Subfailure Tissue Loading: Engineering Approaches to Understand & Treat Painful Injuries" *Center for Biomolecular & Tissue Engineering*, Duke University, Durham, NC, September, 2006.
- 18. "Biomechanics of Subfailure Tissue Loading: Considerations for Design & Retrofit." Ergonomics Program Seminar Series in Biomedical & Mechanical Engineering & Kinesiology, University of Michigan, Ann Arbor, MI, October, 2006.
- 19. "Novel In Vivo Models to Understand Mechanisms & Identify Treatments for Neck Pain." Neuroscience Discovery Research Department, Wyeth Pharmaceuticals, Princeton, NJ, November, 2006.
- 20. "Injury Mechanisms of Facet-Mediated Whiplash Neck Pain." *Southern Consortium for Injury Biomechanics Scientific Symposium*, Homewood, AL, December, 2006.
- 21. "An Integrated Approach to Understand Facet Pain: Biomechanics, Behavior & Nociception." *Department of Neurobiology & Anatomy*, Drexel University College of Medicine, Philadelphia, PA, February, 2007.
- 22. "Tissue Responses for Mechanical Neck Injury: Considerations for Pharmacological Treatments of Pain." *Department of Pharmacology*, Boston University School of Medicine, Boston, MA, April, 2007.
- 23. "Understanding Pain Responses in Neck Injuries to Develop Targeted Therapeutics." *Department of Chemical Engineering*, University of Louisville, Louisville, KY, November, 2007.
- 24. "Facet-Mediated Whiplash Neck Pain." *Southern Consortium for Injury Biomechanics Scientific Symposium*, Birmingham, AL, December, 2007.
- 25. "Neck Pain: Using Preclinical In Vivo Models to Define Mechanistic Cascades & Help Identify Effective Interventions." *Pain Research Department*, Abbott Pain Care, Chicago, IL, September, 2008.
- 26. "Re-Defining Mechanical Failure for Painful Neck Injury." *Department of Mechanical & Aerospace Engineering*, University of Virginia, Charlottesville, VA, February, 2009.
- 27. "An Engineering Approach to Diagnose & Treat Neck Pain." *Biomedical Engineering & Biomedical Sciences Program Joint Seminar*, University of South Carolina, Columbia, SC, March, 2009.
- 28. "An Integrated Approach to Define Biomechanical Tolerances for Injury, Pain & Cellular Dysfunction." *Department of Biomedical Engineering*, University of Minnesota, Minneapolis, MN, March, 2010.
- 29. Department of Mechanical & Aerospace Engineering, University of Virginia, Charlottesville, VA, May, 2010.
- 30. *ULAR Veterinary Series on Animal Models*, University of Pennsylvania, Philadelphia, PA, August, 2010.
- 31. "A Bioengineering Approach to Define Biomechanical Tolerances for Painful Injury & Cellular Dysfunction." *Department of Bioengineering*, The Pennsylvania State University, University Park, PA, October, 2010.
- 32. "Integration of Biomechanical Tissue Tolerances with Physiologic Responses for Facet-Mediated Pain." *Department of Orthopaedic Surgery*, Rush University, Chicago, IL, November, 2010.

- 33. "Mechanisms of Facet-Mediated Neck Pain: A Bioengineering Approach to Inform Clinical Management." *Department of Physical Therapy & Human Movement Sciences*, Northwestern University, Chicago, IL, November, 2011.
- 34. "Biomechanics, Injury & Tolerance." *Department of Computer Engineering*, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana, May, 2012.
- 35. "Neck Pain Mechanisms: Insights for Prevention & Treatment." Rehabilitation Institute of Chicago, Chicago, IL, March, 2013.
- 36. "Bioengineering Approaches to Understand, Prevent and Treat Facet Joint Pain." *Center for Excellence in the Neurosciences*, University of New England, Biddeford, ME, July, 2013.
- 37. "Bioengineering Approaches to Define Biomechanical Tolerances for Tissue Injury, Pain & Neuronal Dysfunction." *Department of Mechanical Engineering & Materials Science*, Washington University, St. Louis, MO, September, 2013.
- 38. "An Engineering Approach to Understand & Treat Radicular Pain." *Department of Biomedical Engineering*, University of Florida, Gainesville, FL, January, 2014.
- 39. "Bioengineering Approaches to Understand Spine Injury & Pain: "Back" to the Basics & Integrating for the Future." *Department of Biomedical Engineering*, The Ohio State University, Columbus, OH, February, 2014.
- 40. "Biomechanics of Spinal Joint Injury: Considering All "Facets" Ranging from Tissue Tolerance to Pain & Dysfunction." *The School of Biomedical Engineering*, Colorado State University, Ft. Collins, CO, March, 2014.
- 41. "Bioengineering & Engineering Futures: Academics & Opportunities." *Gashora Girls Academy*, Gashora, Rwanda, June, 2014.

## **CONFERENCE PRESENTATIONS:**

- 1. **Winkelstein BA**, Nightingale RW, Myers BS, "Impact Neck Injury Dynamics: Relationships Between Impact Surface, Cervical Spine Kinetics, and Injury Risk." 6<sup>th</sup> Injury Prevention Through Biomechanics Symposium, Detroit, MI, May, 1996.
- 2. **Winkelstein BA**, Myers BS, "Preliminary Results of a Mechanical Investigation of the Role of the Cervical Facet Capsule in Whiplash Injury." 8<sup>th</sup> Injury Prevention Through Biomechanics Symposium, Detroit, MI, May, 1998.
- 3. **Winkelstein BA**, Nightingale RW, Myers BS, "A Preliminary Study of the Biomechanics of the Cervical Facet Capsule." *Whiplash '98 Symposium*, Tempe, AZ, November, 1998.
- 4. **Winkelstein BA**, Richardson WJ, Myers BS, "A Mechanical Investigation of the Role of the Cervical Facet Capsule in Whiplash Injury." *ASME Summer Bioengineering Conference*, Big Sky, MT, June, 1999.
- 5. **Winkelstein BA**, Nightingale RW, Richardson WJ, Myers BS, "Cervical Facet Joint Mechanics: Its Application to Whiplash Injury." *43<sup>rd</sup> Stapp Car Crash Conference*, San Diego, CA, October, 1999.
- 6. **Winkelstein BA**, Myers BS, "Experimental and Computational Characterization of Three-Dimensional Cervical Spine Flexibility." *44<sup>th</sup> Stapp Car Crash Conference*, Atlanta, GA, November, 2000.
- 7. **Winkelstein BA**, Weinstein JN, Pahl JL, DeLeo JA, "Local Tissue Biomechanics in Lumbar Radiculopathy: A New Model Approach." *Orthopaedic Research Society* 47<sup>th</sup> Annual Meeting, San Francisco, CA, February, 2001.

- 8. **Winkelstein BA**, Rutkowski MD, Weinstein JN, DeLeo JA, "An *In Vivo* Approach to Characterizing Local Biomechanics in a Radiculopathy Model." *Annual Meeting of the International Society for the Study of the Lumbar Spine*, Edinburgh, Scotland, June, 2001.
- 9. **Winkelstein BA**, Rutkowski MD, DeLeo JA, "Chemokines in Neuropathic Pain: Potential Benefits for Modulating Pain by Targeting Their Actions." *31<sup>st</sup> Annual New England Pharmacologists Meeting*, Hanover, NH, January, 2002.
- 10. **Winkelstein BA**, Rutkowski MD, Weinstein JN, DeLeo JA, "Temporal Responses in a Lumbar Radiculopathy Model: Tissue Biomechanics, Allodynia & Central Neuroimmune Changes." *International Society for the Study of the Lumbar Spine Annual Meeting*, Cleveland, OH, May, 2002.
- 11. **Winkelstein BA**, Weinstein JN, DeLeo JA, "Role of Local Biomechanics in Temporal Behavioral Responses of Painful Radiculopathy." *4<sup>th</sup> World Congress of Biomechanics*, #5057, Calgary, Canada, August, 2002.
- 12. **Winkelstein BA**, DeLeo JA, "The Role of Tissue Biomechanics in Painful Injuries: Mechanics, Cellular Responses and Pain Behaviors." *ASME Summer Bioengineering Conference*, Key Biscayne, FL, June, 2003.
- 13. Lee KE, Thinnes JH, Gokhin D, **Winkelstein BA**, "In Vivo Biomechanics in a Facet-Mediated Neck Pain Model: Biomechanical Implications for Painful Whiplash Injuries." *International Whiplash Trauma Conference*, Denver, CO, October, 2003.
- 14. **Winkelstein BA**, Hubbard RD, DeLeo JA, "Biomechanics and Painful Injuries: Tissue & CNS Responses for Nerve Root Mechanical Injuries." *ASME International Mechanical Engineering Conference*, Washington DC, November, 2003.
- 15. Lee KE, Davis MB, Mejilla RM, **Winkelstein BA**, "*In Vivo* Cervical Facet Capsule Distraction: Mechanical Implications for Whiplash and Neck Pain." 48<sup>th</sup> Stapp Car Crash Conference, Nashville, TN, November, 2004.
- 16. Rothman SM, Kreider RA, **Winkelstein BA**, "Understanding Mechanisms of Painful Cervical Nerve Root Injury: Defining a Relationship between Persistent and Resolving Neck Pain Symptoms and Spinal Neuropeptide Responses." *Cervical Spine Research Society 32*<sup>nd</sup> *Annual Meeting*, Paper #38, Boston, MA, December, 2004.
- 17. Lee KE, Gupta M, **Winkelstein BA**, "In Vivo Facet Capsule Failure in a Rat Model: Implications for Whiplash & Facet-Mediated Neck Pain." 5<sup>th</sup> World Congress of Biomechanics, #4489, Munich, Germany, July, 2006.
- 18. **Winkelstein BA**, Udupa JK, Hilibrand AS, Schuster JM, Siegler S, Hirsch BE, Borthakur A, Melhem ER, "Novel Imaging Approach Using 3D Stress MRI to Detect Altered Biomechanics in Patients with Evoked Neck Pain." *Cervical Spine Research Society* 36<sup>th</sup> *Annual Meeting*, Austin, TX, December, 2008.
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\* Invited paper.

\* Invited paper.

<sup>\*</sup> Invited paper.

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- 3. Nightingale RW, **Winkelstein BA**, Knaub KE, Myers BS. Experiments on the Bending Behavior of Cervical Spine Motion Segments. *Biomechanics Research: Experimental & Computational 26<sup>th</sup> International Workshop*, pg. 1-6, Tempe, AZ, November, 1998.
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<sup>\*</sup> Invited paper.

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<sup>§</sup> Graduate student received Student Travel Grant award from GSAC (Penn) to present paper, 2006.

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- 22. Franklin AN, Lee KE, **Winkelstein BA**. Tensile Mechanical Characterization of the Rat Facet Capsule. *BMES 2004 Annual Fall Meeting*, Philadelphia, PA, October, 2004.
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<sup>\*</sup> Invited.

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§ Graduate student received Student Travel Grant award from National Neurotrauma Society to present paper, 2005.

Invited.

<sup>&</sup>lt;sup>#</sup> Graduate student received 1<sup>st</sup> place in PhD Student Paper Competition at ASME-BED Summer Meeting, 2006.

- \*36. Lee KE, Gupta M, **Winkelstein BA**. In Vivo Facet Capsule Failure in a Rat Model: Implications for Whiplash & Facet-Mediated Neck Pain. 5<sup>th</sup> World Congress of Biomechanics, #4489, Munich, Germany, July, 2006.
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- <sup>‡</sup>46. Quinn KP, Lee KE, **Winkelstein BA**. Joint Distractions Sufficient to Produce Pain Increase Collagen Fiber Undulation in the Cervical Facet Capsular Ligament in the Rat. *ASME Summer Bioengineering Conference*, #192644, Marco Island, FL, June 2008.
- 47. Choo AM, Winer JP, **Winkelstein BA**, Smith DH, Janmey PA, Meaney DF. Salmon-Derived Fibrin for the Acute Treatment of Cortical Ablation Brain Injuries. *National Neurotrauma Society* 26<sup>th</sup> Annual Meeting, #P63, Orlando, FL, July 2008.

\* Invited.

<sup>\*</sup> Graduate student received Student Travel Grant award from GSAC (Penn) to present paper, 2007.

Invited.

<sup>§</sup> Graduate student received Honorable Mention in PhD Student Paper Competition at ASME-BED Meeting, 2007.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2008.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2008.

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- 56. Bauman, JA, Jaumard NV, Weisshaar CL, Schuster JM, **Winkelstein BA**, Welch WC. An Integrated System to Measure Pressures in the Cervical Facet Joint in Human Cadavers. *Pennsylvania Neuosurgical Society Annual Conference*, Hershey, PA, July 2009.
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- <sup>‡\*</sup>60. Lee KE, Kras JV, Robinson ES, Weisshaar CL, **Winkelstein BA**. Mechanical Facet Joint Injury Alters Early but not Long-Term Neuronal Activity in the Spinal Cord. *BMES Annual Fall Meeting*, #OP8-2-7C, Pittsburgh, PA, October 2009.
- 61. **Winkelstein BA**, Udupa JK, Hilibrand AS, Schuster JM, Siegler S, Hirsch BE, Borthakur A, Melhem ER. Novel Imaging Approach Using 3D Stress MRI to Detect Altered Biomechanics

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2008.

<sup>\*</sup> Bachelor student received 3<sup>rd</sup> Place in Poster Competition, Student Paper Competition, ASME-BED Mtg, 2009.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2009.

<sup>\*</sup> Graduate student received Travel Grant award from Biomedical Engineering Society to present paper, 2009.

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- <sup>‡</sup>62. Dong L, Martinez JJ, **Winkelstein BA**. Spinal DREAM, a Transcriptional Repressor, is Downregulated After Painful Facet Joint Injury. *BMES Annual Fall Meeting*, #PS8B-135, Pittsburgh, PA, October 2009.
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- 72. Sander EA, Quinn KP, **Winkelstein BA**, Barocas VH. Localizing Damage in the Cervical Facet Capsular Ligament with Image-Based Multiscale Models. *ASME Summer Bioengineering Conference*, #SBC2010-192971, Naples, FL, June 2010.
- 73. Jaumard NJ, Bauman JA, Welch WC, **Winkelstein BA**. Biomechanical Comparison of Contact Pressure in the Cervical Facet Joint During Bending Using a Probe & Pressure-Sensitive Paper. *ASME Summer Bioengineering Conference*, #SBC2010-19498, Naples, FL, June 2010.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2009.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2009.

<sup>\*</sup> Graduate student received Travel Grant award from Biomedical Engineering Society to present paper, 2009.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2010.

- 74. Quinn KP, Dong L, Kras JV, Golder FJ, **Winkelstein BA**. Painful Cervical Facet Joint Distraction Produces Neuronal Plasticity in the Spinal Dorsal Horn. 6<sup>th</sup> World Congress of Biomechanics, #D2-C-S2.3-02, Singapore, August 2010.
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- <sup>‡</sup>78. Dong L, **Winkelstein BA**. Injection of Ketorolac Attenuates Joint-Mediated Neck Pain Through the EP2 Prostaglandin Receptor. *Society for Neuroscience Annual Meeting*, #78.3/RR17, San Diego, CA, November 2010.
- 79. Weisshaar CL, Winer J, Sawyer E, Janmey P, **Winkelstein BA**. Salmon Fibrin as a Novel Biomaterial for Treating Pain. *Cervical Spine Research Society Annual Meeting*, Poster #23, Charlotte, NC, December 2010.
- \*80. **Winkelstein BA**, Weisshaar CL, Thorek DL, Hubbard RD, Tsourkas A. Macrophage as a Potential Biomarker for Imaging Radicular Pain. *Cervical Spine Research Society Annual Meeting*, Paper #15, Charlotte, NC, December 2010.
- <sup>‡</sup>81. Nicholson KJ, Dunk NM, Guarino BB, Reuther KE, **Winkelstein BA**. Functional Assessment & Widespread Spinal Glial Activation in Two Cervical Injury Models of Persistent Pain. *Orthopaedic Research Society Annual Meeting*, #0638, Long Beach, CA, January 2011.
- 82. Bauman JA, Jaumard NV, Weisshaar CL, Guarino BB, Welch WC, **Winkelstein BA**. Contact Pressure in the Cervical Facet Joint During Physiologic Sagittal Bending of the Spine. *American Association of Neurological Surgeons Congress of Neurological Surgeons Joint Section Meeting on Disorders of the Spine and Peripheral Nerves*, #358, April 2011.
- <sup>‡</sup>83. Smith JR, Rothman SM, Janmey PA, **Winkelstein BA**. Spinal PAR1 mRNA Levels are Regulated by Mechanical & Chemical Cues in Painful Nerve Root Compression. *ASME Summer Bioengineering Conference*, #SBC2011-53084, Nemacolin, PA, June 2011.
- 84. Nicholson KJ, **Winkelstein BA**. The Duration of a Nerve Root Compression Modulates Evoked Neuronal Responses in a Rat Model of Radicular Pain. *ASME Summer Bioengineering Conference*, #SBC2011-53082, Nemacolin, PA, June 2011.
- \*85. Svensson MY, Siegmund GP, **Winkelstein BA**, Vasavada A, Jakobsson L, Ivancic PC. Reducing the Risk of Neck Injury Sequelae; Injury Mechanisms and Prevention. 5<sup>th</sup> International Whiplash Symposium, Lund, Sweden, August 2011.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2010.

<sup>\*</sup> Paper received 1st Place, Best Basic Science Research Award at CSRS Meeting, 2010.

<sup>&</sup>lt;sup>‡</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2011.

Fraduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2011.

<sup>\*</sup> Invited.

- 86. Quinn KP, **Winkelstein BA**. Whiplash-Like Cervical Facet Joint Retraction Produces Altered Collagen Fiber Alignment in the Capsular Ligament. *Annual Meeting of Association for the Advancement of Automotive Medicine*, #P21, Paris, France, October 2011.
- 87. Smith J, Rothman S, Black J, **Winkelstein BA**. Spinal PAR1 mRNA Expression Decreases Early After Painful Nerve Root Injury with Inflammation. *BMES Annual Meeting*, #Sat-1-5-A, Hartford, CT, October 2011.
- <sup>†</sup>88. Crosby N, **Winkelstein BA**. Spinal Neuronal Hyperexcitability is Induced Within 1 Day of a Painful Facet Joint Injury. *BMES Annual Meeting*, #Thurs-1-5-D, Hartford, CT, October 2011.
- 89. Oake SA, Smith JR, Janmey PA, **Winkelstein BA**. Distinct Effects of Human and Salmon Thrombin on the Inflammatory Response of Mammalian Astrocytes. *BMES Annual Meeting*, #Sat-1-2-C, Hartford, CT, October 2011.
- 90. Black JB, Weisshaar CL, Elliott JM, **Winkelstein BA**. Spinal Metabotropic Glutamate Receptor-3 Increases Immediately Following Painful Facet Joint Injury. *BMES Annual Meeting*, #Sat-3-10-B, Hartford, CT, October 2011.
- 91. Weisshaar CL, Black JB, Elliott JM, **Winkelstein BA**. The Spinal Metabotropic Glutamate Receptor-3 is Modified Early Following Painful Facet Joint Injury. *New Horizons in Intervertebral Disc Research Meeting*, #P.11, Philadelphia, PA, November 2011.
- 92. Bauman JA, Jaumard NV, Guarino BB, Weisshaar CL, Lipschutz DE, Welch WC, Winkelstein BA. Facet Contact Pressure in Sagittal Bending is Not Altered by ProDisc-C Disc Arthroplasty: A Single Level Cadaveric Study. *American Association of Neurological Surgeons Congress of Neurological Surgeons Joint Section Meeting on Disorders of the Spine and Peripheral Nerves*, Poster #308, Miami, FL, April 2012.
- 93. Branconi JL, Guarino BB, Baig HA, **Winkelstein BA**. Painful Whole Body Vibration Increases NGF & BDNF in Cervical Intervertebral Discs in the Rat. *Northeast Bioengineering Conference*, Philadelphia, PA, March 2012.
- 94. Freedman BR, Baig HA, Guarino BB, **Winkelstein BA**. Biomechanical Effects of Whole Body Vibration on Spinal Ligaments: A Potential Mechanism of Tissue Damage. *Northeast Bioengineering Conference*, Philadelphia, PA, March 2012.
- 95. Guarino BB, Baig HA, Branconi JL, **Winkelstein BA**. Repeated Whole Body Vibration Exposure Induces Prolonged Mechanical Hyperalgesia & Increased Spinal COX-2: A Novel Rat Model. *Northeast Bioengineering Conference*, Philadelphia, PA, March 2012.
- 96. Baig HA, Guarino BB, Jaumard NV, **Winkelstein BA**. The Transmissibility Response of the Rat During Whole Body Vibration Along its Long-Axis. *Northeast Bioengineering Conference*, Philadelphia, PA, March 2012.
- 97. Gohkale AJ, Guarino BB, **Winkelstein BA**. The Rat as a Viable Model for Human Cervical Biomechanics: A Quantitative Anatomy Study. *Northeast Bioengineering Conference*, Philadelphia, PA, March 2012.
- 98. Weisshaar CL, Kras JV, Tanaka K, **Winkelstein BA**. Pain Subsequent to Mechanical Loading of the Facet Capsular Ligament Depends on Encoding by Afferents in the Spinal Facet Joint. *ASME Summer Bioengineering Conference*, #SBC2012-80456, Fajardo, Puerto Rico, June 2012.
- 99. Crosby ND, Dong L, **Winkelstein BA**. Transient Tensile Facet Capsular Ligament Loading Above the Mechanical Threshold to Induce Pain also Regulates Spinal Neuronal

<sup>&</sup>lt;sup>†</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2011.

- Hyperexcitability. *ASME Summer Bioengineering Conference*, #SBC2012-80592, Fajardo, Puerto Rico, June 2012.
- 100. Claeson AA, Yeh Y-J, Akkin T, **Winkelstein BA**, Nuckley J, Barocas VH. OCT Detects Altered Collagen Fiber Alignment in Human Cadaveric Lumbar Facet Capsular Ligament During Mechanical Loading. *ASME Summer Bioengineering Conference*, #SBC2012-80296, Fajardo, Puerto Rico, June 2012.
- 101. **Winkelstein BA**, Weisshaar C. Spinal NK1-Receptor Expressing Cells Contribute to the Development of Pain from the Facet Joint. *14<sup>th</sup> World Congress on Pain*, #PW254, Milan, Italy, August 2012.
- 102. Smith JR, Weisshaar CL, Janmey PJ, **Winkelstein BA**. Salmon Thrombin Treatment Reduces Protease Activated Receptor 1 Expression Following Painful Nerve Root Injury. *Military Health System Research Symposium*, #12-141, Ft. Lauderdale, FL, August 2012.
- 103. Guarino BB, Baig HA, Jaumard NV, Branconi JL, Dorman DB, Shivers BL, **Winkelstein BA**. A New Model of Repeated Whole Body Vibration Exposure in the Rat: Biomechanical & Pain Responses. *Military Health System Research Symposium*, #12-023, Ft. Lauderdale, FL, August 2012.
- 104. Elliott JM, Weisshaar CL, Black JB, **Winkelstein BA**. Neuromuscular Mechanisms Underlying the Transition to Chronic Pain following Traumatic Spinal Injury From Animal to Human Models. *International Federation of Orthopaedic Manipulative Physical Therapists* 2012 Meeting, Quebec City, Canada, October 2012.
- 105. Barr GA, **Winkelstein BA**. Maturational Changes in Chronic Pain Following Nerve Injury in the Rat. *Society for Neuroscience*, #376.08/QQ12, New Orleans, LA, October 2012.
- \*106. Gilliland T, Nicholson K, Chang Y-W, **Winkelstein BA**. Mechanical Trauma to Neural Tissue Decreases Spinal GLT1 Expression. *BMES Annual Meeting*, #OP-Fri-3-10, Atlanta, GA, October 2012.
- 107. Gulloti D, Chen Y, Patel T, Merdiushev T, Jaumard N, **Winkelstein B**, Morrison B, Bass D, Panzer M, Meaney D. A Model of Blast Induced Traumatic Brain Injury in Mice. *BMES Annual Meeting*, #P-Fri-B-160, Atlanta, GA, October 2012.
- <sup>‡</sup>108. Syré P, Smith JR, Nicholson KJ, Welch WC, Janmey PA, **Winkelstein BA**. Salmon Thrombin Leads to Decreased Spinal Cord Responsiveness in Painful Radiculopathy. 24<sup>th</sup> Annual Pan Philadelphia Neurosurgery Conference, Philadelphia, PA, December 2012.
- 109. Smith JR, Nicholson KJ, Syré P, Janmey PA, **Winkelstein BA**. A Novel Bioengineered Biomaterial to Treat Painful Neural Trauma via Modified Thrombin Activity for Improving Neuronal Function and Treating Pain. *Cervical Spine Research Society Annual Meeting*, Chicago, IL, December 2012.
- 110. Gilliland T, Nicholson K, Chang Y-W, **Winkelstein BA**. Spinal GLT1 Modulation After Painful Nerve Root Injury Requires a Mechanical Contribution. *Orthopaedic Research Society Annual Meeting*, #0798, San Antonio, TX, January 2013.
- 111. Tanaka K, Baig HA, Guarino BB, Smith JR, **Winkelstein BA**, Jordan-Scuitto KL. Painful Whole Body Vibration is Associated with Decreased BiP Expression in the Lumbar Spinal Cord. *American Association of Endodontics Annual Session*, #OR12, Honolulu, HI, March 2013.
- \*\*112. Baig HA, Dorman DB, Shivers BL, Breaux-Waltz A, Chancey VC, **Winkelstein BA**. Characterization of the Frequency & Muscle Response in the Lumbar & Thoracic Spines

<sup>\*</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2012.

<sup>&</sup>lt;sup>‡</sup> Resident Awarded Best Resident Paper at Conference, 2012.

- during Sinusoidal Vertical Whole Body Vibration. ASME Summer Bioengineering Conference, #SBC2013-14055, Sunriver, OR, June 2013.
- \*113. Nicholson KJ, Gilliland TM, Winkelstein BA. Duration of Nerve Root Compressive Trauma Modulates the Subsequent Thermal Hyperalgesia & the Spinal Expression of the Glutamate Transporter, GLT1. ASME Summer Bioengineering Conference, #SBC2013-14110, Sunriver, OR, June 2013.
- 114. Jaumard NV, Baig HA, Guarino BB, Winkelstein BA. A Three Degree of Freedom Lumped Parameter Model of Whole Body Vibration Along the Spine in the Rat. ASME Summer Bioengineering Conference, #SBC2013-14111, Sunriver, OR, June 2013.
- 115. Kras, JV, Winkelstein BA. Intra-Articular Nerve Growth Factor is Both Necessary and Sufficient for the Development of Joint Pain and Contributes to Central Sensitization. BMES Annual Meeting, #OP-Thurs-1-12, Seattle, WA, September 2013.
- 116. Syré PP, Lee JYK, Winkelstein BA. Increased Electrophysiological Activity in Neurons in the Thalamus and Spinal Cord is Evident in Persistent Pain States after Cervical Radiculopathy. Congress of Neurological Surgeons 2013 Annual Meeting, #374, San Francisco, CA, October 2013.
- <sup>♦</sup>117. Kras JV, Weisshaar CL, Quindlen JC, **Winkelstein BA.** A Role for Spinal Brain-Derived Neurotrophic Factor in Persistent Pain in a Rat Model of Mechanical Facet Joint Injury. Society for Neuroscience, #267.04/UU19, San Diego, November 2013.
- <sup>♦</sup>118. Crosby ND, Dong L, Winkelstein BA. Dorsal Horn Synaptogenesis after Painful Joint Injury is Attenuated by Gabapentin. Society for Neuroscience, #827.05/UU20, San Diego, November 2013.
- 119. Zeeman ME, Kartha S, Baig HA, Guarino BB, Winkelstein BA. Painful Whole Body Vibration Induces Increased Expression of Nerve Growth Factor & Brain-Derived Neurotrophic Factor in Cervical Intervertebral Discs in a Rat Model. Society for Neuroscience, #267.05/UU20, San Diego, November 2013.
- 120. Barr GA, Wang S, Cheng J, Bass K, Weisshaar CL, Winkelstein BA. Behavioral and immune studies of neuropathic pain from infancy to adolescence. Society for Neuroscience, #166.06/OO4, San Diego, November 2013.
- 121. Kartha S, Zeeman ME, Baig HA, Guarino BB, Winkelstein BA. Upregulation of NGF & BDNF in Cervical Intervertebral Discs Exposed to Painful Whole Body Vibration. 2<sup>nd</sup> International Philadelphia Spine Research Symposium, Philadelphia, PA, November 2013.
- \*122. Nicholson KJ, Zhang S, Winkelstein BA. Riluzole Provides Neuroprotection against the Development of Axonal Damage and Spinal Hypersensitivity, While Abolishing Radicular Pain. Cervical Spine Research Society Annual Meeting, Paper #16, Los Angeles, CA, December 2013.
- 123. Crosby N, Goodman Keiser M, Weisshaar C, Zeeman M, Winkelstein BA. Optimization of Burst SCS Parameters in a Rat Model of Neuropathic Pain. North American Neuromodulation Society Annual Meeting, Las Vegas, NV, December 2013.

<sup>&</sup>lt;sup>♠</sup> Masters student received 3<sup>rd</sup> Place in Student Paper Competition, ASME-SBC Mtg, 2013.

Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2013.

<sup>\*</sup> Graduate student finalist in PhD Student Paper Competition at ASME-BED Meeting, 2013.

<sup>•</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2013.

<sup>•</sup> Graduate student received Student Travel Grant award from GAPSA (Penn) to present paper, 2013.

<sup>\*</sup> Paper received 1<sup>st</sup> Place, Best Basic Science Research Award at CSRS Meeting, 2013.

- 124. Lai A, Purmessur D, Skovrlj B, **Winkelstein BA**, Cho SK, Hecht AC, Iatridis JC. Effect of Lumbar Intradiscal Injection of Tumor Necrosis Factor-alpha and Nerve Growth Factor/Vascular Endothelial Growth Factor on Disc Degeneration, Pain Behavior and Neurovascular Ingrowth in an In-Vivo Rat Model. *Orthopaedic Research Society Annual Meeting*, Paper No. 0247, New Orleans, LA, March 2014.
- 125. Giuvelis D, Cormer J, **Winkelstein B**, Sawyer E, Bilsky EJ. Assessment of the Antinociceptive Effects of Salmon Thrombin in Preclinical Models of Post-operative Pain. *American Academy of Pain Medicine 30<sup>th</sup> Annual Meeting*, Poster #217, Phoenix, AZ, March 2014.
- 126. Skovrlj B, Lai A, Moon A, Purmessur D, **Winkelstein BA**, Cho SK, Hecht AC, Iatridis JC. Effect of Lumbar Intradiscal Injection of Tumor Necrosis Factor-alpha and Nerve Growth Factor/Vascular Endothelial Growth Factor on Disc Degeneration, Pain Behavior and Neurovascular Ingrowth in an In-Vivo Rat Model. *Lumbar Spine Research Society Annual Meeting*, Paper #15, Chicago, IL, May 2014.
- 127. Granquist E, Kartha S, Zhou T, **Winkelstein B**. A Novel Non-Invasive Model of Temporomandibular Joint Pain in the Rat with Tunable Outcomes of Acute & Chronic Pain. *TMJ Bioengineering Conference IV*, Pittsburgh, PA, June 2014.
- 128. Smith JR, Janmey PA, **Winkelstein B**. Painful Nerve Root Compression Alters the Compressive Properties of the Spinal Cord. 7<sup>th</sup> World Congress of Biomechanics, #R347, Boston, MA, July 2014.
- 129. Pall PS, Zeeman ME, Kartha S, Baig HA, **Winkelstein B**. Painful Whole Body Vibration Increases Serum Cytokines: Potential Biomarkers of Painful Injury. 7<sup>th</sup> World Congress of Biomechanics, #R192, Boston, MA, July 2014.
- 130. Claeson A, Yeh Y, Akkin T, **Winkelstein B**, Barocas V. Polarization-Sensitive Optical Coherence Tomography Measurement of Fiber Realignment in the Facet Capsular Ligament During Flexion of Isolated L4-L5 Motion Segments. 7<sup>th</sup> World Congress of Biomechanics, #R393, Boston, MA, July 2014.
- \*131. Zhang S, Barocas V, **Winkelstein B**. Local Neuronal Loading Modulates pERK Expression in a Neuron-Collagen Gel Construct Simulating Facet Capsule Injury. 7<sup>th</sup> World Congress of Biomechanics, #W229, Boston, MA, July 2014.
- 132. Zitnay JL, Lake SP, Quinn KP, Lee DJ, **Winkelstein BA**, Barocas V. Multiscale Modeling of the Cervical Facet Capsular Ligament During Tensile Joint Loading. 7<sup>th</sup> World Congress of Biomechanics, #111-12, Boston, MA, July 2014.
- 133. DeTurck D, **Winkelstein BA**, Lenthall B. Structured, Active, In-class Learning at the University of Pennsylvania. *AAU STEM Initiative Conference*, #P26, Washington DC, July 2014.
- 134. Barocas VH, Akkin T, Shephard M, **Winkelstein BA**. Multiscale Modeling of Facet Capsule Mechanobiology: Integrating Modeling and Experimental Techniques. *Multiscale Modeling Consortium Meeting*, Bethesda, MD, September, 2014, submitted.
- 135. **Winkelstein BA**, Crosby N, Goodman-KV. Burst Spinal Cord Stimulation has Optimal Reduction on Neuronal Firing & Percent Neurons Firing when Optimizing Charger per Burst in a Rat Model of Radicular Pain. *15<sup>th</sup> World Congress on Pain*, #PF209, Buenos Aries, Argentina, October 2014.
- <sup>♦</sup>136. Skovrlj B, Lai A, Moon A, Purmessur D, **Winkelstein B**, Cho SK, Hecht AC, Iatridis J. Effect of Lumbar Intradiscal Injection of Tumor Necrosis Factor-Alpha and Nerve Growth

<sup>\*</sup> Paper received 2<sup>nd</sup> Place in BS Student Paper Competition, World Congress of Biomechanics Mtg, 2014.

- Factor/Vascular Endothelial Growth Factor on Disc Degeneration. *North American Spine Society*, #169, San Francisco, CA, November 2014.
- 137. Crosby N, **Winkelstein BA**. Astrocyte Thrombospondin-4 May Mediate Painful Facet Capsule Injury: Insights from In Vivo and In Vitro Studies. *BMES Annual Meeting*, accepted.
- 138. **Winkelstein BA**, Kras JV. Intra-articular Nerve Growth Factor Initiates Pain and Associated Spinal Neuronal Hyperexcitability from Cervical Joint Pain, submitted.
- 139. Zhou T, Kartha S, Granquist E, **Winkelstein BA**. A Mechanically Induced Model of Pain and Structural Changes in the Temporomandibular Joint in the Rat, submitted.
- 140. Crosby ND, Weisshaar CL, Goodman-Keiser M, Smith JR, Zeeman ME, **Winkelstein BA**. Burst & Tonic SCS in a Rat Model of Painful Radiculopathy: The Role of GABA, submitted.

### **PATENTS:**

Sawyer ES, Janmey PA, **Winkelstein BA**. Method of using salmon thrombin to alleviate pain. US Patent #8,771,684, 7/8/14.

**Winkelstein BA**, Janmey PA, Sawyer ES. Method of using salmon thrombin to alleviate central nervous system-mediated pain. Application #20100111926 filed 5/6/10.

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Paper selected as Best Basic Science Paper, North American Spine Society Annual Mtg, 2014.